



# **U3A CROYDON INC**

SHARING KNOWLEDGE AND SKILLS

## **2017 Course Program**

Check with your Tutor/Course Leader whether classes will run on days when the forecast temperature is going to be above 30°.

### **U3A Croydon Inc. Contact Details**

PO Box 816

Croydon Vic. 3136

Phone: 03 9724 9544

Web: <http://u3acroydon.org.au/>

Enquiries: [u3acroydon@u3acroydon.org.au](mailto:u3acroydon@u3acroydon.org.au)

### **U3A Croydon Inc. Campus**

Keystone Complex

1 Civic Square

Croydon Vic. 3136

**Office Hours:**  
**10:00 am to 12:30 pm**  
**Monday to Friday**  
**(Closed Public and School Holidays)**

## Inside Venue Locations

Code	Name	Address
<b>Aquahub Civic Square</b>	Croydon Aquahub 11 Civic Square opposite Birdwood Rd	11 Civic Square Croydon, 3136
<b>Birdwood Scout Hall</b>	3 <sup>rd</sup> Croydon Scout Hall Birdwood Avenue Between Lusher Rd and Civic Square	15 Birdwood Rd Croydon, 3136
<b>Cheong Park</b>	South Croydon Football Club Ground Premises Cheong Park	Cnr Eastfield Road and Bayswater Road Croydon South, 3136
<b>Glenn Frost Room</b>	Glenn Frost Room Rear of Croydon Library	Civic Square Croydon, 3136
<b>Kent Ave Room 1</b>	Croydon Central Scout Hall Next to Croydon Central Shopping Centre Car Park (North End)	33 Kent Avenue Croydon, 3136
<b>Kent Ave Room 2</b>	Croydon Central Scout Hall Next to Croydon Central Shopping Centre Car Park (North End)	33 Kent Avenue Croydon, 3136
<b>Kent Ave Room 3</b>	Croydon Central Scout Hall Next to Croydon Central Shopping Centre Car Park (North End)	33 Kent Avenue Croydon, 3136
<b>Keystone Clubrooms</b>	Keystone Building Enter via the Norton Rd car park opp. Swinburne TAFE	Athletics Room Keystone Building 1 Civic Square Croydon, 3136
<b>Keystone Office</b>	U3A Croydon Office Keystone Building Opposite Council Offices	1 Civic Square Croydon, 3136
<b>Ringwood Croquet Club</b>	Jubilee Park	Gardini Ave Ringwood (Melway Map 49, J10)
<b>Swim Log Cabin</b>	Croydon Swimming Club Hall Rear of Croydon Memorial Pool	Springfield Ave. Croydon, 3136
<b>Yarra Valley Bridge Club</b>	Yarra Valley Bridge Club	6 Laurence Grove Ringwood East, 3135

## Outside Venue Locations

**For Outside Venues or Meeting Points refer to the respective Course Description.**

## Term Dates for 2017

Term One	30 <sup>th</sup> January to 31 <sup>st</sup> March 2017
Term Two	18th April to 30 <sup>th</sup> June 2017
Term Three	17 <sup>th</sup> July to 22 <sup>nd</sup> September 2017
Term Four	9 <sup>th</sup> October to 8 <sup>th</sup> December 2017

## Membership Fees

- Full Members \$ 50.00
- Associate Members \$ 30.00
- Full Course Tutors \$ 50.00  
( i.e. those who **are participating** in a course in addition to their own)
- Course Tutors \$ 0.00  
( i.e. those who **are not participating** in a course, other than their own),  
are not required to pay a fee, but must enrol on the Membership System  
for insurance purposes.

### Stop Press !!!

The Committee has resolved to  
reduce the Membership Fees  
from the start of  
**Term 3, 2017**  
as follows.

**Full Members &  
Full Course Tutors- \$30.00  
inclusive of a Building Levy Fee of \$5.00**

**Associate Member - \$20.00  
inclusive of a Building Levy Fee of \$5.00.**

## Course Fees

In general, Course Fees are included with the Membership Fee. Where extra expenses are incurred, e.g. to outside providers, cost of photographs, photo copying and demonstration materials, a supplementary charge is levied. Where applicable, i.e. Computer Classes, Book Clubs, Swimming, etc. these supplementary charges are shown in the course descriptions.

## Course Availability

Each Member may enrol in up to **six Courses**.

Some subjects will be limited to one Course per Member.

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## ART :

### **17ART001 SKETCH & PAINT CLASS**

**31 January to 5 December 2017**

**Josie Parkinson**

**Weekly Course, Tue 9:00-12:00**

**Location : Swim Log Cabin**

Discover the artist in you (one term will tell) All you need is the desire & the patience to give it a go. After your enrolment is confirmed, please speak to Leader before purchasing materials.

Prerequisites: None

### **17ART005 WATERCOLOUR - A - UNTUTORED**

**30 January to 4 December 2017**

**Gemma Jordan**

**Weekly Course, Mon 12:00-14:00**

**Location : Swim Log Cabin**

Practise watercolours in a relaxed atmosphere. This is an UNTUTORED CLASS where we share knowledge and ideas. Bring your own equipment and enthusiasm. A waiting list is available. Members can join throughout the year if there is a vacancy. The course will not run if temperature is over 30 degrees.

Prerequisites: None

### **17ART010 WATERCOLOUR - ADVANCED - B**

**1 February to 6 December 2017**

**Glenda Steed**

**Weekly Course, Wed 9:00-12:00**

**Location : Swim Log Cabin**

Drawing and watercolour,landscapes and techniques. Sketching and drawing. Composition. Colour mixing. Complete painting.

Prerequisites: Must have previous experience. Do not purchase any art materials until you spoken to the Tutor and enrolment is confirmed.

## COMPUTER :

### **17COM003 COMPUTER LEVEL 1 - TERM 3**

**21 July to 18 August 2017**

**Trevor Bellinger**

**Weekly Course, Fri 13:00-14:30**

**Location : Keystone Office**

Before you start your journey you need to learn how to use & control the mouse & understand the use of the basic keys on the keyboard. You will also learn how to format text, the components of your computer plus spell checking. This class teaches you all this plus lots more.

NOTE: Class runs for 5 consecutive weeks.

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

IMPORTANT: YOU MUST CONTACT TREVOR ON 9729 9308 prior to enrolling.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM004 COMPUTER LEVEL 1 - TERM 4**

**13 October to 10 November 2017**

**Trevor Bellinger**

**Weekly Course, Fri 13:00-14:30**

**Location : Keystone Office**

Before you start your journey you need to learn how to use & control the mouse & understand the use of the basic keys on the keyboard. You will also learn how to format text, the components of your computer plus spell checking. This class teaches you all this plus lots more.

NOTE: Class runs for 5 consecutive weeks.

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES.

IMPORTANT: YOU MUST CONTACT TREVOR ON 9729 9308 prior to enrolling.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM012 COMPUTER LEVEL 2 - TERM 3**

**20 July to 21 September 2017**

**Joy Bellinger**

**Weekly Course, Thu 11:00-12:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

Build on Computer Level 1 and increase your knowledge and skills. Must have own Microsoft Computer and Office 2007 or later version (2010, 2013 or 2016). Also requires a USB memory stick (memory drive). IMPORTANT: YOU MUST CONTACT TREVOR 9729 9308 prior to enrolling. Prerequisite: Must have completed Level 1 or have relevant computer skills. This is a one term course offered each of the four terms.

IMPORTANT INFORMATION TO BE READ BEFORE ENROLLING IN THIS CLASS:

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM013 COMPUTER LEVEL 2 - TERM 4**

**12 October to 7 December 2017**

**Joy Bellinger**

**Weekly Course, Thu 11:00-12:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

Build on Computer Level 1 and increase your knowledge and skills. Must have own Microsoft Computer and Office 2007 or later version (2010, 2013 or 2016). Also requires a USB memory stick (memory drive). IMPORTANT: YOU MUST CONTACT TREVOR 9729 9308 prior to enrolling. Pre-requisite: Must have completed Level 1 or have relevant computer skills. This is a one term course offered each of the four terms.

IMPORTANT INFORMATION TO BE READ BEFORE ENROLLING IN THIS CLASS: Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM022 COMPUTER LEVEL 3 - TERM 3**

**21 July to 22 September 2017**

**Trevor Bellinger**

**Weekly Course, Fri 10:30-12:00**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

This class is a step up from Level 2 and includes inserting and manipulating tables, text wrapping, downloading and manipulating pictures, clipart and photos. Inserting watermarks, shapes, templates, indenting text, designing & printing labels, mail merge plus lots more. Be prepared to practise at home what you are learning. Must have completed Computer Beginners Level 1 & 2.

IMPORTANT: YOU MUST CONTACT TREVOR ON 9729 9308 prior to enrolling. Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM023 COMPUTER LEVEL 3 - TERM 4**

**13 October to 8 December 2017**

**Trevor Bellinger**

**Weekly Course, Fri 10:30-12:00**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

This class is a step up from Level 2 and includes inserting and manipulating tables, text wrapping, downloading and manipulating pictures, clipart and photos. Inserting watermarks, shapes, templates, indenting text, designing & printing labels, mail merge plus lots more. Be prepared to practise at home what you are learning. Must have completed Computer Beginners Level 1 & 2.

IMPORTANT: YOU MUST CONTACT TREVOR ON 9729 9308 prior to enrolling.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM028 COMPUTER CONVERT LPS & AUDIO TO CD - T3**

**18 July to 19 September 2017**

**Geoff Kidd**

**Weekly Course, Tue 10:00-11:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES.

Use your existing computer skills as a tool to produce audio CDs from tapes and records. Prerequisites: Must be familiar with Windows Explorer, drag/drop, cut/paste and have knowledge of folders and directory structure, plus have a turntable that will connect to your computer.

IMPORTANT: YOU WILL NEED TO CONTACT CLASS LEADER prior to enrolling in this class. Phone No. 9870 8874.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM029 COMPUTER CONVERT LPS & AUDIO TO CD - T4**

**10 October to 5 December 2017**

**Geoff Kidd**

**Weekly Course, Tue 10:00-11:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES.

Use your existing computer skills as a tool to produce audio CDs from tapes and records. Prerequisites: Must be familiar with Windows Explorer, drag/drop, cut/paste and have knowledge of folders and directory structure, plus have a turntable that will connect to your computer.

IMPORTANT: YOU WILL NEED TO CONTACT CLASS LEADER prior to enrolling in this class. Phone No. 9870 8874.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM032 IPAD FOR BEGINNERS - TERM 3**

**19 July to 20 September 2017**

**Trevor Bellinger**

**Weekly Course, Wed 13:00-14:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

This course is for iPad owners who are Beginners only. It is NOT for Android tablet owners. Involves setting up your iPad, editing text/emailing photos/pictures & other documents. Dictation, using SIRI, managing your contacts, FaceTime, obtaining items from the APP store. Course notes will be provided by Tutor. PHONE TREVOR 9729 9308 before enrolling & to get more details. You will need to bring along your own iPad each week.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM033 IPAD FOR BEGINNERS - TERM 4**

**11 October to 6 December 2017**

**Trevor Bellinger**

**Weekly Course, Wed 13:00-14:30**

**Location : Keystone Office**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES

This course is for iPad owners who are Beginners only. It is NOT for Android tablet owners. Involves setting up your iPad, editing text/emailing photos/pictures & other documents. Dictation, using SIRI, managing your contacts, FaceTime, obtaining items from the APP store. Course notes will be provided by Tutor. PHONE TREVOR 9729 9308 before enrolling & to get more details. You will need to bring along your own iPad each week.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

### **17COM034 COMPUTER-PHOTO REPAIR & ENHANCEMENT-T3**

**20 July to 21 September 2017**

**Joy Bellinger**

**Weekly Course, Thu 13:30-15:00**

**Location : Keystone Office**

This is a basic course on how to digitally enhance and repair photos using 2 programs - Picasa and PhotoFiltre (can be downloaded free from the Internet). The course covers file formatting, resolutions and resizing photos; removing Red Eye, Straightening crooked photos, removing scratches, blemishes, etc from certificates and photos. Also eliminating unwanted objects and transferring objects from one photo to another; correcting contrast, colour and exposure as well as much, much more.

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES.

NOTE: CLASS RUNS WEEKLY FOR TERM 2. IMPORTANT: YOU MUST CONTACT TREVOR BELLINGER 9729 9308 PRIOR TO ENROLLING.

### **17COM035 COMPUTER-PHOTO REPAIR & ENHANCEMENT - T4**

**12 October to 7 December 2017**

**Joy Bellinger**

**Weekly Course, Thu 13:00-15:00**

**Location : Keystone Office**

This is a basic course on how to digitally enhance and repair photos using 2 programs - Picasa and PhotoFiltre (can be downloaded free from the Internet). The course covers file formatting, resolutions and resizing photos; removing Red Eye, Straightening crooked photos, removing scratches, blemishes, etc from certificates and photos. Also eliminating unwanted objects and transferring objects from one photo to another; correcting contrast, colour and exposure as well as much, much more.

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES.

NOTE: CLASS RUNS WEEKLY FOR TERM 2. IMPORTANT: YOU MUST CONTACT TREVOR BELLINGER 9729 9308 PRIOR TO ENROLLING.

## **17COM042 MICROSOFT EXCEL - TERM 3**

**19 July to 20 September 2017**

**Trevor Bellinger**

**Weekly Course, Wed 10:30-12:00**

**Location : Keystone Office**

**\$20 COMPUTER FEE TO BE PAID IN CASH OR BY CHEQUE BEFORE COURSE COMMENCES**

Learn how to design & format professional looking spreadsheets & workbooks, insert formulas & convert data into impressive looking charts & graphs. Learn lots of tips & tricks plus time-saving skills in putting data into your spreadsheets. CLASS RUNS WEEKLY FOR TERMS 1 & 3 ONLY. IMPORTANT: YOU WILL NEED TO CONTACT TREVOR 9729 9308 prior to enrolling. Pre-requisites: Must have completed a minimum of Computer Level 2 course. Must have Microsoft computer (not MAC) and Microsoft Office software and be prepared to practice what you learn. Also need to bring a USB memory stick.

IMPORTANT INFORMATION TO BE READ BEFORE ENROLLING IN THIS CLASS: Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

## **17COM052 MICROSOFT POWERPOINT - TERM 4**

**11 October to 6 December 2017**

**Trevor Bellinger**

**Weekly Course, Wed 10:30-12:30**

**Location : Keystone Office**

**NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES**

Learn how to design your own PowerPoint presentations, produce your own professional looking Photo Albums on your computer which will include your favourite pictures, photos, Cliparts etc. You will also learn how to add sounds, music, animations & transitions to your presentations. CLASS RUNS WEEKLY FOR TERMS 2 & 4 ONLY.

IMPORTANT: YOU WILL NEED TO CONTACT TREVOR ON 9729 9308 prior to enrolling.

IMPORTANT INFORMATION TO BE READ BEFORE ENROLLING IN THIS CLASS: Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

## **17COM065 MICROSOFT PUBLISHER - PART 1 - TERM 3**

**20 July to 21 September 2017**

**Joy Bellinger**

**Weekly Course, Thu 9:00-10:30**

**Location : Keystone Office**

**NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES**

Using the templates to make greeting cards, calendars, etc. Design your own publications such as labels, banners, cards, invitations etc. Working with pictures, WordArt, objects, lines & borders. Notes will be provided. NOTE: CLASS RUNS WEEKLY FOR TERMS 1 & 3 in 2017. IMPORTANT: YOU WILL NEED TO CONTACT TREVOR BELLINGER 9729 9308 PRIOR TO ENROLLING. Pre-requisites: To be very proficient with the use of the computer. Must have Microsoft Publisher on their own computer. The class is taught on Publisher 2016 version, but if you have an earlier version you'll need to be prepared to adjust to a different version. Extra notes and assistance will be given to accommodate this.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

## **17COM069 MICROSOFT PUBLISHER - PART 2 - TERM 4**

**12 October to 7 December 2017**

**Joy Bellinger**

**Weekly Course, Thu 9:00-10:30**

**Location : Keystone Office**

**NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES**

Setting out text & using fonts to use in brochures, newsletters, etc. Creating tables. Colour & change slipart to meet your needs & framing photos to use in publications. Using Master Pages and mail merge in publications. Plus ideas on using your computer to make gifts. Notes will be given.

NOTE: CLASS RUNS WEEKLY FOR TERMS 2 & 4. IMPORTANT: YOU MUST CONTACT TREVOR BELLINGER 9729 9308 prior to enrolling.

MUST HAVE MICROSOFT PUBLISHER ON THEIR OWN COMPUTER & HAVE THEIR OWN COMPUTER & HAVE COMPLETED THE MICROSOFT PUBLISHER PART 1 COURSE.

Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.



## CRAFT :

### **17CRA005 BEADING**

**3 February to 8 December 2017**

We are a small, social, friendly group assisting each other with our knowledge of basic beading.

We are on the lookout for a Tutor to enable us to progress further with methods we have not yet tried.

**Helen Stok**

**Weekly Course, Fri 10:00-12:00**

**Location : Kent Ave Room 1**

### **17CRA012 CREATIVE CARDS**

**30 January to 4 December 2017**

We make greeting cards using a variety of techniques and materials. Help is given to new members, but most work independently, sharing ideas and teaching new skills as needed. Waiting list is available if the class is full. Members can join throughout the year if there is a vacancy. The course will run if the temperature is over 30 degrees. Prerequisites: Interest in card making.

**Christine Hawkins**

**Weekly Course, Mon 9:30-11:30**

**Location : Kent Ave Room 1**

### **17CRA015 DESIGNER CARDS**

**31 January to 5 December 2017**

A friendly group of fun loving Card Makers. We welcome and help new members, but we all help each other, sharing ideas, skills and techniques.

Prerequisite - Love of Card Making. We supply most of own materials - Tool Box, Cutting Mat, Paper Trimmer, Card stock etc but we do have some class equipment for you to use.

A waiting list is available if the class is full. Members can join throughout the year if there is a vacancy. The class will run if the temperature is over 30 degrees.

**Lesley Downey**

**Weekly Course, Tue 9:30-11:30**

**Location : Cheong Park**

### **17CRA020 CREATIVE CRAFT**

**30 January to 4 December 2017**

Everything old is new again. Fun ways to use and experiment with different crafts, exploring knitting, beading, crochet, ribbon crafts, embroidery stitches just to name a few. Prerequisites: An interest in crafts both traditional & modern and a willingness to try new ideas. This is a group where members share ideas and supply most of their own materials.

A waiting list is available. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees.

**Trish Davis**

**Weekly Course, Mon 9:00-11:30**

**Location : Kent Ave Room 3**

### **17CRA025 FURNITURE RESTORATION**

**30 January to 4 December 2017**

Bring your old wooden treasures along for evaluation to see if they can be lovingly restored. This generally means dismantling it, sanding it back to its natural state, reassembling the piece and staining or French polishing the finished object. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees.

Prerequisites: None

**Nelson Riquelme**

**Weekly Course, Mon 9:00-12:00**

**Location : Kent Ave Room 2**

### **17CRA030 LEADLIGHTING**

**30 January to 4 December 2017**

Instruction is given in lead lighting and copper foiling. Learn how to create sun catchers, lampshades, door side lights etc. Must be prepared to buy own tools & glass when required. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The class will run if temperature is over 30 degrees. Prerequisites: None

**Loretta Rees**

**Weekly Course, Mon 9:00-12:00**

**Location : Kent Ave Room 2**

## **17CRA033 PATCHWORK - FRIDAY**

**3 February to 8 December 2017**

Start with basics: cutting, stitching, basting, quilting, naive applique or needle turn applique, then progress to your own project. A wait list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees. Newcomers to ring - Marie Ph.9720 7919 re their requirements.

**Marie Harman**

**Weekly Course, Fri 10:00-12:00**

**Location : Kent Ave Room 3**

## **17CRA034 PATCHWORK - TUESDAY**

**31 January to 5 December 2017**

All levels of ability including beginners welcome. Work on your own project in a friendly atmosphere. Help is available to learn new techniques. Members supply fabric, threads patterns etc to work on their own project. Prerequisites: None

**Jude Crute**

**Weekly Course, Tue 10:00-12:00**

**Location : Kent Ave Room 3**

## **17CRA039 SCRAPBOOKING**

**31 January to 5 December 2017**

A lovely way to make up a photo album for a special grandchild or to celebrate a great occasion or holiday. Bring along photos, materials and tools. Prerequisites: None

**Ruth Cannon**

**Weekly Course, Tue 11:45-14:15**

**Location : Cheong Park**

## **17CRA040 SPINNING FLEECE INTO YARN**

**18 July to 19 September 2017**

Learn how to spin woollen fleece into beautiful yarn at Lorraine's home using one of Lorraine's spinning wheels.

Cost of materials is \$25 for 1 kg of quality fleece from the Western District of Victoria, supplied by Lorraine.

Class is for TERM 3 ONLY but Lorraine is happy to continue into Term 4 if there is interest.

Contact Lorraine on Ph.9733 0864 if you have any queries.

**Lorraine Forrester**

**Weekly Course, Tue 13:00-15:30**

**Location : Outside Venue**

## **17CRA042 UNFINISHED (CRAFT) OBJECTS - UFOS**

**1 February to 6 December 2017**

Do you have projects that you need to complete? Knitting, crochet, sewing, embroidery, card making, quilting, patchwork. If you need help or inspiration we can assist.

**Karyn Pacchiana**

**Weekly Course, Wed 10:40-12:40**

**Location : Cheong Park**

## **DANCING :**

### **17DAN005 BALLROOM DANCING**

**2 February to 7 December 2017**

*Tutor will not take new members until the beginning of Term.*

Learn to dance the Waltz, Foxtrot, Quickstep and more along with some New Vogue and Latin American dancing.

Instruction, as well as social dancing throughout the 2 hours with a 15-minute break. Please wear appropriate supportive footwear.

Class will not take place if temperature is over 30 degrees.

**Catherine Saisi**

**Weekly Course, Thu 13:15-15:15**

**Location : Swim Log Cabin**

### **17DAN010 DOT'S LINE DANCING/ BEGINNERS - MON**

**30 January to 4 December 2017**

Line dancing is a very pleasant form of exercise to music, it is done in a line and does not require a partner. Although classed as a social activity, it exercises both mind & body as the mind has to be active in telling the feet what to do. It is a lovely friendly group, no pressure, just enjoy. In one class session we do 20 or more dances from the vast range of dances we have learnt over the 19 years we have been dancing at Croydon U3A.

Prerequisites: Beginners only before 12:30pm. No wait list available. Members can join throughout the year if there is a vacancy. The class will not run if temperature is over 30 degree.

**Thelma Hughes**

**Weekly Course, Mon 12:00-14:00**

**Location : Kent Ave Room 2**

## **17DAN015 DOT'S LINE DANCE/BEGINNERS-THURS**

**20 April to 7 December 2017**

**Kay Jones**

**Weekly Course, Thu 12:30-14:00**

**Location : Kent Ave Room 2**

THIS COURSE WILL COMMENCE TERM 2 AND IS ONLY AVAILABLE TO THOSE MEMBERS WHO HAVE ATTENDED DOT'S LINE DANCING FOR BEGINNERS/MONDAY. THIS CLASS IS SPECIFICALLY RUN AS EXTRA TUITION AS NEEDED FOR BEGINNERS WHO FEEL THEY REQUIRE ADDITIONAL ASSISTANCE.

Prerequisite - Must have attended Dot's Line Dancing/Beginners - Monday

## **17DAN020 DOT'S LINE DANCING ADVANCED**

**30 January to 4 December 2017**

**Thelma Hughes**

**Weekly Course, Mon 12:30-14:00**

**Location : Kent Ave Room 2**

Prerequisites: Speak to Tutor re previous experience before enrolling. No waiting list available. Members can join throughout the year if there is a vacancy. The course will not run if temperature is over 30 degrees.

## **17DAN025 SCOTTISH COUNTRY DANCING**

**3 February to 8 December 2017**

**Ron Lucas**

**Weekly Course, Fri 13:00-15:00**

**Location : Swim Log Cabin**

A fun class in traditional Scottish Ballroom Dancing, a form much admired around the world. Led by dancers of long experience, this is an easy introduction to an international pursuit. There are hundreds of dancers in Victoria alone. Prerequisite: An ability to follow instructions rather quickly. Soft shoes on which advice will be given - ballet pumps will do. A wait list is available if class is full. The class will not run if temperature is over 30 degrees.

### **EXERCISE :**

## **17EXE005 BUSHWALKING 1ST SAT (8-12 KMS)**

**4 February to 2 December 2017**

**Trudi Doblin**

**Monthly, Sat 9:00-13:00**

**Location : Outside Venue**

We walk with an experienced leader who is well supported by an enthusiastic team. This team of four chooses the program, organizes maps for the monthly walks and checks out every walk before it takes place. Walkers are responsible for their own equipment, safety, fitness and well being; an information sheet is available at the beginning of the course. Ambulance cover is highly recommended. Meeting place for all walks is the car park of Croydon Station on the Kent Ave side near the roundabout for a 9am start. We carpool to minimize our footprint, share the petrol costs and always wear our name tags. Walks within a 30 km radius of Croydon are usually morning walks only; for day walks we travel further afield. Information about the walks is published in the newsletter or available on 9725 9389. Prerequisite - An appropriate level of fitness and some basic equipment, such as waterproof shoes/boots with a good profile sole, a small backpack for water, provisions, mat, hat, rain gear, petrol money and personal items. Using poles takes pressure off the joints and is recommended. Members can join throughout the year if there is a vacancy.

## **17EXE007 BUSHWALKING 3RD SAT (5-7 KMS)**

**4 February to 2 December 2017**

**Trudi Doblin**

**Monthly, Sat 9:00-12:00**

**Location : Outside Venue**

We walk with an experienced leader who is well supported by an enthusiastic team. This team of four chooses the program, organizes maps for the walks and checks out every walk before it takes place. Walkers are responsible for their own equipment, safety, fitness and well being; an information sheet is available at the beginning of the course. Meeting place for all walks is the car park of Croydon Station on the Kent Ave side near the roundabout for a 9am start. We carpool to minimize our footprint, share the petrol costs and always wear our name tags. Information about the walks is published in the monthly newsletter. Prerequisites: An appropriate level of fitness and some basic equipment, such as waterproof shoes/boots with a good profile sole, a small backpack for water, provisions, mat, hat, rain gear, petrol money and personal items. Using poles takes pressure off the joints and is recommended. Members can join throughout the year if there is a vacancy.

## **17EXE010 CYCLING - MODERATE 1ST & 3RD TUESDAY**

**7 February to 5 December 2017**

**Rob Elliot**

**First and third weeks, Tue 9:00-12:00**

**Location : Outside Venue**

Cycling mostly on bike paths, sometimes quiet suburban streets. Easy rides of usually 20km to 30km. (Weather permitting).

NOTE: 1st & 3rd TUESDAY MONTHLY. TERM 1 START 9 a.m. TERM 2,3,4 START 9.30 a.m. Prerequisites: Roadworthy bicycle including a spare tube in case of puncture. Moderate level of fitness.

## **17EXE011 CYCLING - FORTNIGHTLY**

**2 February to 7 December 2017**

**Chris Simpson**

**Fortnightly, Thu 9:00-12:00**

**Location : Outside Venue**

Rides of usually 35 to 45kms, (Weather permitting). NOTE: 2nd & 4th THURSDAYS of the month. Term 1 start time 9.a.m. Term 2,3 and 4 start time 9.30 a.m. Rides approx. 3 hours.

Prerequisites: Level of fitness to be able to ride 45 kms or more. Roadworthy bike. Check start time with Leader during hot months.

There are 'extra' rides on the Thursdays between the fortnightly scheduled rides shown below. These are slightly more challenging usually between 40-50 kms, start a lot earlier, are further afield and are internally advertised to those interested.

## **17EXE015 FELDENKRAIS**

**31 January to 5 December 2017**

**Donna Deland**

**Weekly Course, Tue 14:30-15:30**

**Location : Cheong Park**

Feldenkrais Awareness Through Movement (ATM) gentle movement based on lessons enabling you to shed old movement habits and replace them with greater ease and efficiency. Done slowly and without strain with close attention paid to sensations involved. Many lessons done lying on floor so ability to get up and down essential (chair can be used to help). Suitable for beginners and experienced Feldenkrais students. Thick Mat required.

Prerequisites: Nil

## **17EXE026 LEARN TO SWIM - TERM 4**

**11 October to 6 December 2017**

**Ann Longridge**

**Weekly Course, Wed 11:00-11:30**

**Location : Aquahub Civic Square**

HOW MANY WEEKS THIS COURSE WILL RUN FOR TERM 4 AND THE FEE TO BE CHARGED IS YET TO BE DETERMINED. This learn-to-swim course, for the more experienced swimmers, is held at the Aquahub, Croydon (formerly the Croydon Leisure & Aquatic Centre), on Wednesday mornings, from 11am to 11.30am. (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of pool space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course each term in advance. Enrolments will be accepted on line via the U3a website or at the U3a office. COURSE FEE OF \$00.00 PAYABLE AT THE U3a OFFICE ALSO A \$3.50 ENTRY FEE (THIS FEE MAY INCREASE) PAYABLE AT THE POOL AT THE START OF EACH CLASS. Please bring drink bottle, goggles and caps if necessary.

## **17EXE027 LEARN TO SWIM - TERM 4**

**11 October to 6 December 2017**

**Ann Longridge**

**Weekly Course, Wed 11:30-12:00**

**Location : Aquahub Civic Square**

HOW MANY WEEKS THIS COURSE WILL RUN FOR TERM 4 AND THE FEE TO BE CHARGED IS YET TO BE DETERMINED.

This learn-to-swim course, for new starters, is held at the Aquahub, Croydon (formerly the Croydon Leisure & Aquatic Centre), on Wednesday mornings, from 11.30 am to 12 noon (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of pool space in the Warm Water pool (multiplied by the number of weeks).

Participants are required to pay for the course each term in advance. Enrolments will be accepted online via the U3A website or, in person, at the U3A Office. Fees must be paid before the commencement of the first class. COST FOR TERM 4 IS \$00.00 PAYABLE AT THE U3a OFFICE. ALSO A \$3.50 ENTRY FEE (MAY INCREASE) PAYABLE AT THE POOL BEFORE EACH CLASS. Please bring goggles, drink bottle and caps if necessary.

## **17EXE035 SEATED AEROBICS + WEIGHTS (OPTIONAL)**

**1 February to 6 December 2017**

**Joan Edwards**

**Weekly Course, Wed 10:30-12:00**

**Location : Kent Ave Room 2**

All exercises are done to music and whilst seated on a chair, the aim being to improve fitness without putting pressure on the joints. Everyone works within their own range of movement and at their own pace. This course will not be run if the forecast temperature is going to be 30 degrees or above.

## **17EXE040 TABLE TENNIS - MONDAY**

**30 January to 4 December 2017**

Monday Table Tennis is for Experienced players only.

Play doubles, mixed & mens & ladies.

We will play if the temperature is over 30 degrees.

Must wear laced up sports shoes with a tread & must be worn each week.

## **17EXE045 TAI CHI - ADVANCED**

**2 February to 7 December 2017**

Learn Sun Style and Practise Beijing 24 Tai Chi and Shibashi Qigong 1,2 and 3. Practising and learning Yang Tai Chi. Prerequisites -

Must have attended Advanced Tai Chi and be competent in Beijing 24 Tai Chi.

## **17EXE048 TAI CHI - INTERMEDIATE (1)**

**2 February to 7 December 2017**

Practising Sun Tai Chi and Shibashi Qigong 1 and 2. Learning Beijing 24 Tai Chi. Prerequisite - Must know Sun Tai Chi

## **17EXE057 TAI CHI - INTERMEDIATE (2)**

**2 February to 7 December 2017**

Practise Beijing 24 Style Tai Chi and Shibashi Qigong 1 and 2. Learning a new Tai Chi form in Term 3.

Pre-requisites: Need to be familiar with Beijing 24

## **17EXE062 TAI CHI - SUN STYLE AND BEIJING 24**

**2 February to 7 December 2017**

Practise Sun Style and Beijing 24 Tai Chi plus learning a new Tai Chi form in Term 3.

Prerequisite: Must have completed beginners Sun Style and Beijing 24 Tai Chi

## **17EXE070 YOGA - MONDAY AM**

**30 January to 4 December 2017**

Relaxation, gentle stretches & postures to promote physical and mental well-being.

Prerequisite: Yoga Mat, light blanket and small cushion.

A Waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The class will run if

temperature is over 30 degrees.

## **17EXE072 YOGA - MONDAY PM**

**30 January to 27 November 2017**

This course will include relaxation, gentle exercises and postures to promote health and well-being.

Please bring a yoga mat and towel.

## **17EXE077 YOGA - WEDNESDAY**

**1 February to 6 December 2017**

Exercises and postures designed to promote physical and spiritual well being. Prerequisites: A yoga mat

## **17EXE078 YOGA - THURSDAY**

**2 February to 7 December 2017**

Exercise, (stretching) relaxation

9/7/2017 Dee Morice Tutor for Term 3, will be absent for three weeks of term 3. Judy Leedon will replace Dee for this period.

**Ivy Noden-Hill**

**Weekly Course, Mon 9:45-11:45**

**Location : Birdwood Scout Hall**

**Jennie Hollis**

**Weekly Course, Thu 9:30-10:40**

**Location : Swim Log Cabin**

**Roger Fiddian**

**Weekly Course, Thu 10:45-11:50**

**Location : Swim Log Cabin**

**Jennie Hollis**

**Weekly Course, Thu 11:50-12:45**

**Location : Swim Log Cabin**

**Carolyn Whip**

**Weekly Course, Thu 11:35-12:45**

**Location : Swim Log Cabin**

**Ansje Loveridge**

**Weekly Course, Mon 9:30-10:45**

**Location : Cheong Park**

**Elaine Lai**

**Weekly Course, Mon 2:00-3:15**

**Location : Cheong Park**

**Pam Banfield**

**Weekly Course, Wed 9:30-10:30**

**Location : Cheong Park**

**Dierdre Morice**

**Weekly Course, Thu 10:00-11:15**

**Location : Cheong Park**

## **17EXE082 YOGA - INTERMEDIATE FRIDAY**

**3 February to 8 December 2017**

**Riet Taal**

**Weekly Course, Fri 11:15-12:15**

**Location : Glenn Frost Room**

Must have some previous experience of yoga. Exercises and postures to promote physical and spiritual well-being. A wait list is available if class is full. The class will run if the temperature is over 30 degrees. Members can join throughout the year if there is a vacancy.

### **GAMES :**

## **17GAM005 BRIDGE FOR BEGINNERS - ONGOING**

**1 March to 29 November 2017**

**Geoff Johnson**

**Weekly Course, Wed 10:00-12:30**

**Location : Y.V. Bridge Club**

This course will continue to build on skills already learned.

How to play, bid and how to select a Bridge partner.

New members may join at any time. The first hour will be devoted to tuition and the second to 'play'.

Location address: The Yarra Valley Bridge Club, 6 Laurence Grove, Ringwood East. 3135.

Bring a notbook and pen. There is a \$5.00 fee each week - payable to YVBC.

## **17GAM010 HAND & FOOT A FORM OF CANASTA**

**1 February to 6 December 2017**

**Rae Bartlett**

**Weekly Course, Wed 12:45-16:00**

**Location : Cheong Park**

Canasta hand & foot is a card game. You are dealt 13 cards for your hand & 13 cards for your foot. We play with 8 packs of cards and each game lasts approx 1 hour. Prerequisites: To have some previous knowledge of playing Canasta.

## **17GAM015 CHESS**

**2 February to 7 December 2017**

**Tom Kenney**

**Weekly Course, Thu 9:30-12:45**

**Location : Kent Ave Room 1**

Playing chess and solving chess problems. Prerequisites: To have some knowledge of the game.

## **17GAM022 CRYPTIC CROSSWORDS (FORMERLY CRACKERS)**

**31 January to 5 December 2017**

**Yvonne Emerton**

**Weekly Course, Tue 9:30-11:00**

**Location : Keystone Clubrooms**

Group meets weekly, informal, fun, and interactive. No one knows the answer to every clue, everyone brainstorms out loud, then discusses in detail each answer.

## **17GAM025 MAHJONG**

**30 January to 4 December 2017**

**Lola Fogarty**

**Weekly Course, Mon 13:00-15:00**

**Location : Kent Ave Room 3**

An ability to build a basic hand in ONE suit only of pongs/kong's which may include honour tiles and a chow. THERE IS NO LONGER A BEGINNERS CLASS. COMPUTER MAHJONG IS NOT BASIC MAHJONG. BEFORE ENROLLING IN THIS CLASS PLEASE CONTACT THE TUTOR - LOLA 9870 7517 TO SEE WHETHER YOU HAVE ACHIEVED THE APPROPRIATE SKILL LEVEL. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will not run if temperature is over 30 degrees.

Prerequisites: Ability to play ordinary Mahjong (Not Computer Mahjong)

## **17GAM026 MAHJONG FOR BEGINNERS**

**10 May to 6 December 2017**

**Evelyn Faloona**

**Weekly Course, Wed 10:45-12:15**

**Location : Kent Ave Room 1**

Learn the ancient Chinese game of Mahjong that is 'challenging to learn, fascinating to play and satisfying to win.' Playing with others using tactile pieces (or tiles) is much more fun than playing the game on the computer. Evelyn and Janet will teach you the protocol of setting up the game, playing the ordinary hand and gradually you will learn 15 other hands to help you win the game.

## **17GAM028 RUMMIKUB**

**2 February to 7 December 2017**

A table game played with numbered tiles. Not serious. Fun & friendship. Prerequisites: None

**Marlene Roberts**

**Weekly Course, Thu 13:15-15:15**

**Location : Cheong Park**

## **17GAM033 500 CARD GAME**

**2 February to 7 December 2017**

500 card game is a very enjoyable way of interacting with others who also play. We mainly play as a 4 however, if numbers are down it can be played with 3 and a dummy hand. Experienced players very welcome. Prerequisites: To have played 500 before. Recent experience is not essential.

**Helen Wilson**

**Weekly Course, Thu 13:00-15:30**

**Location : Kent Ave Room 3**

## **HISTORY :**

### **17HIS005 AUSTRALIAN HISTORY**

**3 February to 8 December 2017**

We talk about Australia and mostly have input from our members. Outside speakers are invited to address the class. We encourage members to give a short talk about their favourite topic. Prerequisites: None

**Philip Daniell**

**Weekly Course, Fri 10:00-12:00**

**Location : Keystone Clubrooms**

### **17HIS015 GENEALOGY CONTINUING (TERMS 1,2,3 AND 4)**

**2 February to 7 December 2017**

Learn more about sources for genealogical research, and how to interpret your findings. Gain an understanding of genealogical terms and tools. This course will run for 4 terms.

Prerequisite - Must have completed 'Introduction to Genealogy' in 2016

**Yvonne Emerton**

**Weekly Course, Thu 10:45-12:15**

**Location : Keystone Clubrooms**

### **17HIS020 EXPLORE MELBOURNE**

**31 January to 5 December 2017**

*Pre-requisite: As above.*

Before enrolling and taking part in the outside activity group Explore Melbourne you have to be aware that most outings involve negotiating trains, trams, buses, escalators, stairs, steps and uneven ground. It is essential that persons choosing to participate in this activity are independently mobile. No personal care can be given. Outings may also involve a walking distance of over 5 kms. Full details of outings will be published in the newsletter. Booking and money to be paid prior to the excursion.

**Gwen Owen**

**Runs every 2nd month, Tue 8:00-16:00**

**Location : Outside Venue**

## **HUMANITI :**

### **17HUM005 BOOK CLUB-TURN THE PAGE - 3RD MON**

**20 February to 20 November 2017**

Do you-tend to read the same kind of books? Do you-enjoy reading, but find it is a solitary activity? Join our book club. The library selects books for us and you may discover different writers, different styles, and different topics. Share your responses with the group as we discuss books we love and books we love to hate at our monthly meetings. 2017 fee \$35.00 pa. per member due and payable on enrolment. This fee is forwarded to the Eastern Regional Library. NOTE: 3rd MONDAY MONTHLY

Pre-requisites: None. Waiting list is available if class is full. Members can join throughout the year if there is a vacancy.

**Pat Cavanagh**

**Monthly, Mon 11:00-12:00**

**Location : Keystone Clubrooms**

### **17HUM007 BOOK CLUB-NARRATIVE & NATTER - 3RD TUES**

**21 February to 21 November 2017**

Do you - tend to read the same kind of books? Do you - enjoy reading, but find it is a solitary activity? Join our book club. The library selects books for us and you may discover different writers, different styles, and different topics. Share your responses with the group as we discuss books we love and books we love to hate at our monthly meetings. 2017 fee \$35.00 p.a per member due and payable at enrolment. This fee is forwarded to the Eastern Regional Library. Note we meet on the third Tuesday of the month.

Prerequisites: None.

**Pat Cavanagh**

**Monthly, Tue 13:00-14:00**

**Location : Keystone Office**

## **17HUM009 BOOK CLUB-ST GEORGES - 1ST WED.**

**1 February to 6 December 2017**

**Beth Dooley**

**Monthly, Wed 13:00-14:00**

**Location : Outside Venue**

Read and discuss books. Members to share leading the discussions. 2017 fee \$35.00 p.a. per member due and payable at enrolment. This fee is forwarded to the Eastern Regional Library. 1st WEDNESDAY MONTHLY Prerequisites: None.

## **17HUM013 KEYSTONE BOOK CHAT - 2ND MONDAY**

**13 February to 13 November 2017**

**Sue Martin**

**Monthly, Mon 11:00-12:15**

**Location : Keystone Clubrooms**

Do you like reading? People in our group love it. Join us, tell us about what you have been reading. Listen to what others have enjoyed. With our group you give and you get in return. Come, be surprised and get lots of ideas to feed your love of reading. Book Chat meets 2nd Monday of the month.

Wait list is available if class is full. Members can join throughout the year if there is a vacancy.

## **17HUM015 CINEMA**

**15 February to 6 December 2017**

**Glenda Steed**

**Monthly, Wed 10:00-0:00**

**Location : Outside Venue**

A friendly group for those who enjoy company, seeing a movie with lunch provided afterwards. Our movie day will depend on which Wednesday of the month Croydon Cinema does the Luncheon Movie Deal. Each person will need to book and pay for their own ticket and lunch, and RSVP to the Tutor for attendance requirements by U3A. Details of the film will be emailed to the group or members can ring the leader Glenda Steed 0411 227321 kjgbm@live.com. Discussion about the film over lunch.

Prerequisites - None

## **17HUM018 CURRENT AFFAIRS**

**2 February to 7 December 2017**

**John Penwill**

**Weekly Course, Thu 11:30-13:00**

**Location : Cheong Park**

Participate in lively discussion and debate on a wide range of international and local events and issues in a friendly atmosphere. Different perspectives and views will be analysed and encouraged. Members are welcomed to enrol during the year. Yes, members will be wait listed if enrolments exceed 25. Course will run if the temperature exceeds 30 degrees venue air-conditioned

## **17HUM024 DIGITAL CAMERA-BASIC- CANCELLED TERM 3**

**19 July to 20 September 2017**

**Brian McCarron**

**Weekly Course, Wed 13:30-15:00**

**Location : Keystone Clubrooms**

Know your Camera! An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement.

Pre-requisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT IS ADVISED TO ENROL NOW FOR NEXT TERM.

## **17HUM026 DIGITAL CAMERA-BASIC-TERM4**

**11 October to 6 December 2017**

**Brian McCarron**

**Weekly Course, Wed 13:30-15:00**

**Location : Keystone Clubrooms**

'Know your Camera' An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement. Prerequisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM.

## **17HUM032 DIGITAL CAMERA-ADVANCED- CANCELLED T3**

**21 July to 22 September 2017**

**Brian McCarron**

**Weekly Course, Fri 13:00-14:30**

**Location : Glenn Frost Room**

MEMBERS MUST FIRST HAVE COMPLETED THE DIGITAL CAMERA BASIC COURSE, although acceptance into this 'Advanced' Course may also be appropriate for members who already have considerably more than a basic understanding of their digital cameras.



This 'Advanced' class is NOT a 'Basic' camera class. It is designed for those who already have a solid understanding of their cameras, and who already understand the meaning and application of (e.g.) 'White Balance', 'Exposure compensation: 'ISO', 'Noise', 'Resolution', etc. Also, cameras for this 'Advanced' class will need to have 'Manual mode settings available - for example, 'A', 'AV', 'S', 'TV', 'M', etc. This is an opportunity for anyone who wants to explore their camera's very important but lesser-used (NEVER-used??) functions. The class tends to follow a broad-ranging question-and-answer and knowledge-sharing format. Pre-requisites: Bring your comprehensive camera Manual, and camera (with fully charged batteries), class each week. There will be a small charge per term for printing. A waiting list is available if the class is full. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT OF THE TERM IS ADVISED TO ENROL FOR THE NEXT TERM. PLEASE REFER - 17HUM034 TERM 4. NOTE: IT IS REQUESTED THAT MEMBERS CONTACT THE COURSE TUTOR BEFORE ENROLLING, TO ASCERTAIN WHETHER OR NOT THE COURSE IS APPROPRIATE FOR THEM. THIS COURSE RUNS FOR ONE TERM. Members can join during the term there is no restriction providing a vacancy exists. The course will run if temperature is over 30 degrees.

### **17HUM034 DIGITAL CAMERA-ADVANCED-TERM 4**

**13 October to 8 December 2017**

**Brian McCarron**

**Weekly Course, Fri 13:00-14:30**

**Location : Glenn Frost Room**

MEMBERS MUST FIRST HAVE COMPLETED THE DIGITAL CAMERA BASIC COURSE, although acceptance into this 'Advanced' Course may also be appropriate for members who already have considerably more than a basic understanding of their digital cameras. This 'Advanced' class is NOT a 'Basic' camera class. It is designed for those who already have a solid understanding of their cameras, and who already understand the meaning and application of (e.g.) 'White Balance', 'Exposure compensation: 'ISO', 'Noise', 'Resolution', etc. Also, cameras for this 'Advanced' class will need to have 'Manual' mode settings available - for example, 'A', 'AV', 'S', 'TV', 'M', etc. This is an opportunity for anyone who wants to explore their camera's very important but lesser-used (NEVER-used??) functions. The class tends to follow a broad ranging question-and-answer and knowledge-sharing format. Pre-requisites: Bring your comprehensive camera Manual, and camera (with fully charged batteries), to class each week. There will be a small charge per term for printing. A wait-list is available if the class is full. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT OF THE TERM IS ADVISED TO ENROL FOR 2018 PLEASE CHECK YOUR NEWSLETTERS FOR CONFIRMATION IF THE COURSE WILL BE AVAILABLE. NOTE: IT IS REQUESTED THAT MEMBERS CONTACT THE COURSE TUTOR BEFORE ENROLLING, TO ASCERTAIN WHETHER OR NOT THE COURSE IS APPROPRIATE FOR THEM. THIS COURSE RUNS FOR ONE TERM. Members can join during the term. there is no restriction providing a vacancy exists. The course will run if temperature is over 30 degrees.

### **17HUM038 DINNER DATE**

**31 January to 5 December 2017**

**Robyn Gill**

**Monthly, Tue 18:30-21:30**

**Location : Outside Venue**

Location: Outside Venue dinners are held on either the first Tuesday, Wednesday or Thursday of each month at local restaurants. Members will be advised of the venue in preceding weeks.

PLEASE PHONE ROBYN GILL ON 0413450780 TO MAKE A BOOKING.

IF LEAVING A MESSAGE, PLEASE GIVE YOUR RETURN PHONE NUMBER and assume that you are registered. You will only receive a return call if there is a problem. Bookings close 2 days before the event.

### **17HUM043 EQUIP4LIFE**

**18 April to 10 October 2017**

**Penelope Kruse**

**Random dates as specified, Tue 13:00-14:30**

**Location : Swim Log Cabin**

This a Govt funded Healthy Lifestyle Program focus the prevention of such diseases as Type 2 diabetes and heart attacks. The program is presented by the Equip4Life team, leader Matthew Shanks, and is covered over six sessions.

Dates as follows:- all Tuesdays: April 18, May 2,16,30, June 13 and October 10.

Leaflets outlining topics to be covered will be available from the U3A Croydon Office.

Completion of a Registration Form is essential. These will be available from March 2017.

REGISTRATION FORMS MUST BE COMPLETED AND RETURNED TO THE OFFICE BEFORE ENROLMENT.

### **17HUM045 HOLISTIC AND INTUITIVE DEV. CLOSED**

**31 January to 5 December 2017**

**Maria Kurdian**

**Weekly Course, Tue 11:00-12:45**

**Location : Keystone Clubrooms**

You will learn to develop your intuition, the connection of the mind, body and soul and align yourself with your life purpose. Ring leader for more information 9762 2189.

Beginners welcome. A wait list will be available.

## **17HUM051 MEDITATION - GUIDED**

**30 January to 4 December 2017**

**Maria Kurdian**

**Weekly Course, Mon 11:00-12:30**

**Location : Cheong Park**

Guided meditation is about learning to calm your mind and relax your body creating health and well being. Symbology is used for clarity and healing. Waiting list is available if class full. Members can join throughout the year if there is a vacancy. Class will run if temperature is over 30 degrees. Prerequisites: None

## **17HUM054 AN INVITATION TO ENGAGE WITH PHILOSOPHY**

**1 February to 6 December 2017**

**Paul Martin**

**Fortnightly, Wed 11:45-13:15**

**Location : Keystone Clubrooms**

THIS COURSE WILL RUN EACH FORTNIGHT OF THE TERM COMMENCING WEDNESDAY FEBRUARY 1ST.

TERM 1 - An introduction to early philosophers, e.g. the Greek, Indian and Buddhist thinkers, who may be said to have begun what we have come to call Philosophy. Our understanding of what we believe exists in the world and what we call knowledge will be explored. TERM 2 - this term's course will look at the Philosophy of Ethics and explore it through a selection of day to day issues and examples. TERM 3 - This term, we will take a look at five key philosophical thinkers, mainly from the Western tradition. TERM 4 - This term, we will look at the theme of Living the Good Life in the 21st Century with attention to ideas and questions about what affects the way we live our lives, such as technology, consumerism and our obligations to others.

YOU MAY WANT TO RING ME BEFORE ENROLLING TO SEE WHETHER THIS IS THE KIND OF COURSE YOU EXPECT. PAUL MARTIN 0422 389 221.

PLEASE BRING A PEN AND NOTEBOOK TO CLASS.

There will be a wait list available.

## **17HUM059 HEALTHY BRAIN AGEING DEMENTIA PREVENTION**

**15 August to 15 August 2017**

**Ingrid Tiltman**

**1 Day Course, Tue 14:00-16:00**

**Location : Outside Venue**

What can you do to improve your brain power as you age?

Join us for a fascinating presentation by Dr Helen MacPherson, a Research Fellow at Deakin University. Helen conducts research on healthy brain ageing and she will present the latest findings around dementia prevention. The effects of dietary supplements, diet change and exercise on cognition and brain health will be discussed and there will be plenty of opportunity for your questions at the end of the session.

## **17HUM060 POTTED POETS**

**1 February to 6 December 2017**

**Jim Dooley**

**Weekly Course, Wed 10:00-12:00**

**Location : Outside Venue**

We read and discuss poetry from many times and places including much recent and Australian writing. 'Potted' means breadth, not mastery. We're not a writing group. Prerequisites: None. There will be a small charge for photocopying of \$1.00 per week (approx)

## **17HUM068 SPEECHCRAFT - TUESDAY**

**31 January to 5 December 2017**

**Philippa Pavillard**

**Weekly Course, Tue 14:00-15:30**

**Location : Kent Ave Room 3**

Would you like to develop your skills for making speeches in a friendly and encouraging group? Learn how to speak confidently and comfortably within a small/medium size group.

A waiting list will be kept. VISITORS ARE VERY WELCOME Prerequisite: Just bring along your enthusiasm

## **17HUM069 SPEECHCRAFT - FRIDAY**

**3 February to 8 December 2017**

**Philippa Pavillard**

**Weekly Course, Fri 14:00-15:30**

**Location : Kent Ave Room 3**

Would you like to develop your skills for making speeches in a friendly and encouraging group? Learn how to speak confidently and comfortably within a small/medium size group.

A waiting list will be kept. VISITORS ARE VERY WELCOME Prerequisite: Just bring along your enthusiasm

## **17HUM072 TAROT - ADVANCED - DISCONTINUED**

**3 February to 8 December 2017**

**Jenny Higgins**

**Weekly Course, Fri 13:00-14:30**

**Location : Keystone Clubrooms**

In this advanced class you will develop your intuition and enhance your understanding of the Tarot through reading Tarot cards for others. Prerequisites: You will need to have completed the Beginners course, or already have prior knowledge of the Tarot and be confident doing simple readings for others in a group environment.

A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if the temperature is over 30 degrees.

### **LANGUAGE :**

## **17LAN005 FRENCH LEVEL 0 TO 1**

**30 January to 4 December 2017**

**Janine Ochsenbein**

**Weekly Course, Mon 13:00-14:30**

**Location : Keystone Clubrooms**

French Level 0: No previous knowledge of French. Level 1: Very basic knowledge of French eg. Did it at school, but do not remember much.

YOU MUST CONTACT JANINE 9723 8542 PRIOR TO ENROLLING.

## **17LAN010 FRENCH LEVEL 2**

**2 February to 7 December 2017**

**Janine Ochsenbein**

**Weekly Course, Thu 9:30-11:30**

**Location : Kent Ave Room 3**

A basic knowledge of French is required. Text 'Interactions 3 Level A2' ISBN 978-209-038-703-2 CLE International Paris 2014.

Prerequisites: Must have completed French level 1 or have previous knowledge.

YOU MUST CONTACT JANINE 9723 8542 PRIOR TO ENROLLING.

## **17LAN015 FRENCH LEVEL 3**

**1 February to 6 December 2017**

**Janine Ochsenbein**

**Weekly Course, Wed 13:00-15:00**

**Location : Kent Ave Room 3**

A stimulating course for the intermediate - advanced student of French. We practise the four language skills and study various aspects of French history and culture. Text - 'Echo 2e edition - Level B.1.2.(2nd half of level B1) ISBN 978-2-09-038492-5 CLE International Paris 2013.

Prerequisite: Students must have previous knowledge of French, preferably to Year 10 level. PLEASE CONSULT TUTOR Phone. 9723 8542 before enrolling.

## **17LAN020 FRENCH BEGINNERS 1ST YEAR**

**21 April to 8 December 2017**

**Onre Dossena**

**Weekly Course, Fri 9:30-11:00**

**Location : Glenn Frost Room**

As this is the first year, a knowledge of French is desirable. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy.

## **17LAN025 FRENCH INTERMEDIATE**

**1 February to 6 December 2017**

**Marianne Maltig**

**Weekly Course, Wed 9:30-11:30**

**Location : Keystone Clubrooms**

This course would suit members who want to improve their French SPEAKING skills, starting with easy personal topics and advancing to more complex subjects. We will also revise and introduce new language structures and grammar, read and listen to spoken French.

Prerequisites - Members must know some French. PLEASE CONTACT TUTOR MARIANNE ON 9726 8767 TO CHECK IF THIS COURSE IS SUITABLE FOR YOU.

## **17LAN030 GERMAN LEVEL 0 TO 1**

**31 January to 5 December 2017**

**Janine Ochsenbein**

**Weekly Course, Tue 10:00-12:00**

**Location : Kent Ave Room 1**

German Level 0 - 1 No previous knowledge of German.

For German Level 1 - Basic knowledge of German from school or elsewhere. Check with Tutor re Text. Phone 9723 8542

## **17LAN035 GERMAN LEVEL 2**

**1 February to 6 December 2017**

Must have basic knowledge or completed German Level 1. Text 'Studio d level A2' ISBN 978-3-466-20712-3.

YOU MUST CONTACT JANINE 9723 8542 PRIOR TO ENROLLING.

**Janine Ochsenbein**

**Weekly Course, Wed 10:00-12:00**

**Location : Kent Ave Room 3**

## **17LAN040 GERMAN CONVERSATION**

**31 January to 5 December 2017**

Practise your German in a friendly group. Prerequisites: Must be able to converse in German.

**Peter Duss**

**Weekly Course, Tue 12:15-13:45**

**Location : Kent Ave Room 1**

## **17LAN045 ITALIAN CONVERSATION (INTERMEDIATE)**

**1 February to 6 December 2017**

Italian conversation using poetry, songs and readings to be able to converse in Italian. The class book is 'Italian Conversation' - Marcel Danesi (Publisher McGraw Hill).

**Bruno Tonon**

**Weekly Course, Wed 9:00-10:30**

**Location : Kent Ave Room 1**

## **MUSIC :**

### **17MUS005 CROYDON U3A SINGERS**

**1 February to 6 December 2017**

Croydon Singers is a non-auditioned choir for all people who enjoy singing and/or would like to learn more. We sing mainly well known songs, and musical comedy excerpts, and enjoy working on our own interpretations of the music, including harmony where appropriate. We perform at nursing homes, aged care facilities, and for community groups. We wear black clothes with an added coloured scarf which we provide. You will need a black four-ring binder and plastic sleeves to hold your music. The only charge is a few dollars at the beginning of the year to cover photocopying.

Prerequisites - None

**Alan Strachan**

**Weekly Course, Wed 13:15-15:00**

**Location : Swim Log Cabin**

### **17MUS015 GUITAR & UKULELE**

**30 January to 4 December 2017**

Come along and enjoy yourself while learning to play and sing a long as a group. A term fee of \$5.00 is payable to cover morning tea & music. In addition to players of Guitar and Ukulele, players of other compatible instruments are welcome to participate with the approval of the Leader, e.g., Harp, Banjo, Mandolin, Fiddle, Percussion etc. Prerequisite: Member will need to be a reasonably competent musician. DO NOT PURCHASE AN INSTRUMENT UNTIL YOUR ENROLMENT HAS BEEN CONFIRMED AND YOU HAVE SPOKEN WITH A TUTOR.

A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees.

**Colin McLaren**

**Weekly Course, Mon 9:30-11:30**

**Location : Swim Log Cabin**

### **17MUS020 PIANO - CLOSED**

**30 January to 4 December 2017**

1/2 hour individual lessons. No Beginners. Entry to this course requires consultation with the Tutor Phone No. 9876 2380 Note: Away Term 3. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 35 degrees. Prerequisites: A piano or keyboard at home.

**Heather Jensen**

**Weekly Course, Mon 11:30-16:30**

**Location : Outside Venue**

## **SCIENCE :**

### **17SCI005 ASTRONOMY - INTRODUCTION**

**31 January to 5 December 2017**

Term 3 dates July 18th to August 15th (5 weeks)

Term 4 dates October 10th to December 5th (No class on Melbourne Cup Day Nov 7th)

Come and join a friendly group studying the stars, planets, moons etc. This does not include Astrology I cannot predict someone's destiny!) Prerequisites: Just enthusiasm.

**Bruce Dodd**

**Weekly Course, Tue 14:00-15:00**

**Location : Kent Ave Room 1**

## **17SCI010 GARDENING**

**31 January to 28 November 2017**

**Lorri Hayes**

**Monthly, Tue 14:00-15:30**

**Location : Outside Venue**

Tutor is prepared to be guided by members' interests - topics which may be covered: plant placement/choices/care: topiary: propagation: looking after tools (danger of pathogens) preparation for various seasons: weeds (info about noxious): composting. Contact Tutor Lorri 0401 858 067 for venue address- Mooroolbark. Members to bring along gardening gloves and wear shoes with non-slip soles. PLEASE NOTE - THIS GROUP MEETS ON THE LAST TUESDAY OF THE MONTH. Course will not run if temperature above 30 degrees. A wait list will apply.

## **17ZZZ001 COURSE FOR NO COURSE**

**30 January to 8 December 2017**

**Geoff Kidd**

**Unidentified, Mon 9:00-0:00**

**Location : None**

This course is a default course for those members who are joining the U3a and are not enrolling in a course. If the default course is not entered an invoice will not be generated. MEMBERS, THIS IS NOT A COURSE. DO NOT USE. OFFICE USE ONLY. Any queries, please contact the office.