

U3A CROYDON BULLETIN - WEEK 8

Dear Members,

As promised, there is a short bio on two of our returning committee members included in this bulletin. Both Sue and Annie are doing a great job in their role and we are lucky to have them.

Back in 2018 we ran some sessions at U3A called "Equip4Life". This was a very worthwhile program that helped members to improve their health and provided best evidence-based advice on a variety of health related topics. I can personally vouch for this program as I was one of the participants and I did make some lifestyle changes as a result of it. Equip4Life are now offering this same program online or via phone and there is no cost. See more information below.

And for those members who missed out on our NBN presentation because of lockdown ... that will also be available soon online. More info next Bulletin.

As usual, let me know what's happening in your lockdown life. Write to: coordinator@u3acroydon.org.au



Take care, keep busy, and keep in touch with your friends and family.

Ingrid ☺

SUE MARTIN – TREASURER

I am returning to the role of Treasurer and have been involved in the U3A for some years. My first few years were spent assisting Marg Atherton with UMAS, facing many challenges along the way.

I am a retired Accountant/Auditor having spent most of my working life in the legal profession and later as a Business Manager in private schools. My husband Paul, a retired teacher is also a member, we live in Chirnside Park have raised two children and now enjoy four gorgeous grandchildren.

During lockdown I have managed to keep my interests alive, reading, walking, yoga and gardening. Oh! and by the way looking after the finances of U3A Croydon, attending the odd Zoom Committee Meeting, keeping the bills paid and generally being busy preparing for the day when our U3A returns to what it does best. As they say "Keep the faith!"

The downside of lockdown for me was not being able to see my grandchildren, I missed them so much. I was very grateful to the wonders of technology to help keep that connection alive.

I am looking forward to catching up with everyone when we return to our normal, safe life.

Take care.



COMPUTER CORNER

A new Zoom class called "Zoom-Wednesday MAY/JUNE-Online" will be starting May 27th for three consecutive weeks.

Phone Trevor or Joy on 9729 9308

JUNK OR SPAM EMAILS

A number of members have reported that Croydon U3A emails are going to their junk/spam folder.

If this is happening to you, try this

Take the email address, that ended up in your spam/junk (eg. no-reply@u3acroydon.org.au) and put it into your email contacts.

That way, next time an email comes from that address, your email will recognise it as legit because it is one of your listed contacts.

May or may not work, but worth a try.



I'm so bored I'm buying stuff on Amazon. Yesterday I bought a chicken and an egg.

I'll let you know !!



ANNIE CUTLER - SECRETARY

I signed up with U3A Croydon in Dec 2018 when I retired and took up the secretarial role in early 2019. I have worked in banking, logistics, business IT and libraries, but I was very grateful for the support from a friendly committee, and especially Jenny Higgins and Christine Hawkins at the start, as there was a lot to learn. There is much more to this role than just taking minutes! We work with many other organisations, not to mention the rules and Acts that we have to abide to and of course there was UMAS.

The challenge this year had been the AGM. Initially prepared as a 'normal' AGM with guest speakers, etc., but suddenly changed to a virtual AGM by proxy. This was an unprecedented situation and we had to quickly organise the shift. I am now working on reports to lodge, update databases and informing stakeholders of the new committee. Although U3A is not running like it used to before COVID-19, a lot of planning and work continues in the background ensuring members stay connected and activities ready to resume.

As for me, I have now volunteered for another year as secretary and can't wait to get back to my other volunteer roles with Healesville Sanctuary and the State Library.....and longing to hug my 8 precious grandchildren.

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