

U3A CROYDON BULLETIN - WEEK 23

Dear Members,

This photo was taken in 1918 during the Spanish flu pandemic. In the days before mass communication and modern public health systems, it took a terrible toll across the world, mainly because (and I'm trusting Google here) communities were slow to respond and of course in those days there were no antiviral drugs and no antibiotics. Nevertheless, to slow the contagion, the main strategies were as today, masks and social distancing.



I am very grateful to all the members who continue to send me interesting items for the bulletin. I am constantly amazed at their creativity, optimism and good humour.

As always, let me know what is happening in your lockdown life. Write to: coordinator@u3acroydon.org.au
Take care, keep busy and keep in touch with your friends and family. Ingrid

COMPUTER CORNER

ZOOM FRIDAY-SEPTEMBER (ONLINE)
20COM216

Friday 4th, 11th & 18th Sept @ 10.30-12.00

ZOOM is a cloud-based video conferencing service you can use to communicate with others - either by video or audio-only or both, all while conducting live chats - and it lets you record those sessions to view later. Not only can it be used for online courses, but it is also great for connecting with family members and friends. Learn how to use this app before doing any of our Online Courses.

Notes will be emailed only to those who attend class each week

Enrol online for this course. For inquiries or assistance to enrol ring **Trevor or Joy on 9729 9308.**



UNPRECEDENTED

(Max Woolcock)

There's a new word I keep hearing, it's floating round the town
Everyone keeps saying it, enough to make you frown
Strike me pink, and stone the crows, whence came this pesky word
So over used on TV news, it really is absurd

Can't fit that word into this verse, nor use it in a song
With a word like that each line I write would simply be too long
So I'm changing it to "unpre" that really makes more sense
People'll know just what it means, unless they're truly dense

Unpre spread of Corona to people on a ship
Off they came one by one, gave everyone the slip
No quarantine for them, no swab pushed up their nose
Spread it all around they did, how many no-one knows

Flew into old Tulla, from everywhere they came,
Isolate in hotel rooms was the government's aim
The guards were very friendly, detainees much the same
Unpre too, no one thought of that, should hang their heads in shame.

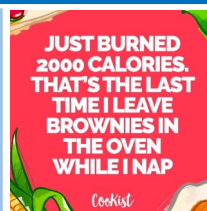
In homes for the aged the Covid numbers soared
Stage 3 then 4, came in across the board.
She wouldn't wear a mask, so Bunnings was denied
I'll sue you all, I've lost my rights, she ranted and she cried.

Demand for lots of toilet rolls was totally unpre,
As fights broke out in market aisles, an ugly sight to see
Now there's no steak to buy even at my local Coles
No wholemeal bread, croissants, not even crusty rolls

So we can walk or ride around just five kms from our home,
You can go with just one friend or maybe on your own
An unpre curfew now runs from eight 'til five
At that ungodly hour, I'm only half alive.

But remember that these unpre times will someday surely end
We'll kiss and hug our families and our closest friends
Remember that the best things in life are mostly free
And in our lives are many things that are unpre

LADIES ONLY! Are you a Croydon resident, familiar with the Croydon township and comfortable with Zoom? Women's Health East is looking for female volunteers to participate in a virtual safety walk of Croydon. "A Women's Safety Walk is conducted with a small group of women to see a space "through their eyes" and note down areas that may be of concern, or could be improved."
Contact Ingrid (0409 543 644) for more information.



Yesterday my husband thought he saw a cockroach in the kitchen. He sprayed everything down and cleaned thoroughly.

Today I'm putting the cockroach in the bathroom.

SPEAKERS IN SPRING FOR SENIORS

A free talk each Tuesday in September at 11am via Zoom

Each talk is for 30-40 minutes with 20 mins for questions and discussion. Sessions are free.

Topics:

- 1 Sept: Your rights your safety
- 8 Sept: Your home and adult children
- 17 Sept: Your choices, your values
- 22 Sept: Your medical decision maker
- 29 Sept: Your Powers of Attorney

Contact Ingrid (0409 543 644) for more information and booking details.



Thankfully we have ZOOM!

With the forced lockdown caused by Covid-19, many of our members who have been missing seeing family and friends, opted to learn how to use ZOOM. Many were surprised as to how easy it was to learn Zoom after having attended the Zoom online courses through U3A Croydon. Several of those were Tutors who are now running their U3A Classes using Zoom, incl: Computers, Music, Gardening, Languages, Card-making etc. Others are running weekly "catch-ups" for a cuppa, dinner parties, birthdays etc. **Joy and Trevor Bellinger have been running weekly Zoom classes** on the use of Zoom since early March and will continue to do so if members require them.

If you wish to join one of these classes phone them on 9729 9308.