



THE UNIVERSITY OF THE THIRD AGE

## **U3A Croydon Inc.**

### **2021 Courses**

22 January 2021

#### **U3A Croydon Inc. Contact Details**

PO Box 816

Croydon

Victoria 3136 Australia

Phone: (03) 9724 9544

General Email contact: [u3acroydon@u3acroydon.org.au](mailto:u3acroydon@u3acroydon.org.au)

Courses Email contact: [coordinator@u3acroydon.org.au](mailto:coordinator@u3acroydon.org.au)

Volunteer Email contact: [u3acroydon@u3acroydon.org.au](mailto:u3acroydon@u3acroydon.org.au)

Web: <https://u3acroydon.org.au>

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## Volunteers

### **21AAVOL1: Volunteer for Committee**

**Type: Ongoing**

**Dates: 01/02/2021 - 31/12/2021**

**Frequency: Monthly, Mon 9:00am - 12:00noon**

**Location: U3A Office opp Council Offices 1 Civic Square Croydon**

**Tutor: None**

U3A Croydon is run by its Committee of Management which meets monthly. Select this code if you are interested in Volunteering for the Committee and we will contact you to discuss further. Note: this selection is not counted in the maximum number of courses you can enrol in.

### **21AAVOL2: Volunteer for Office**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 9:00am - 12:00noon**

**Location: U3A Office opp Council Offices 1 Civic Square Croydon**

**Tutor: Sue Lakeland**

The Front Office is staffed by two volunteers between 10.a.m - 12.30 p.m. Select this code if you are interested in volunteering to help in the office and we will contact you to discuss further. Note this selection is not counted in the maximum number of courses you can enrol in.

### **21AAVOL3: Volunteer to help with Publicity**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Random dates as specified, Mon 10:00am - 12:00noon**

**Location: U3A Office opp Council Offices 1 Civic Square Croydon**

**Tutor: None**

The Publicity Co-Ordinator is responsible in Community events. If you wish to volunteer to help with Publicity please select this code and we will contact you to discuss further. Note: this selection is not counted in the maximum of courses you can enrol in.

### **21AAVOL4: Volunteer with Events/Social Committee**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Random dates as specified, Mon 10:00am - 12:00noon**

**Location: Outside Venue**

**Tutor: Christine Hawkins**

The Events Co-Ordinator is responsible for organising catering for events, the venue for annual concert, co-ordinating the concert items performed etc. If you wish to volunteer to help with Events please select this code and we will contact you to discuss further. Note: this selection is not counted in the maximum number of courses you can enrol in.

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## Art-Sketch & Watercolour

### **21ART001: Josie's Sketch Class**

**Type: None**

**Dates: 02/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Tue 9:00am - 12:00noon**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Jan Fox**

### **21ART002: Acrylic Painting with Ineke**

**Type: Ongoing**

**Dates: 02/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Tue 9:00am - 12:00noon**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Ineke Gardam**

To help students achieve their own ideas of what they would like to paint and for them to smile with pride when they've finished. Ineke will provide guidelines, Phone No. 0430 064 444

### **21ART005: Watercolour - A**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 12:00noon - 2:00pm**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Jenny Tiller**

Practise watercolours in a relaxed atmosphere. This is a CLASS where we share knowledge and ideas. Bring your own equipment and enthusiasm. Our aim is to assist in the learning of colour mixing, composition and techniques in the medium of watercolour. No previous experience is required

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**21ART010: Watercolour - Advanced - B**

**Type: Ongoing**

**Dates: 03/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 9:00am - 12:00noon**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Jenny Tiller**

The aim is to acquire experience and improve techniques in the medium of watercolour. Sharing ideas, knowledge & enthusiasm. Some tutoring in colour mixing composition and techniques in the medium of watercolour. Previous experience required

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## **Computer-Microsoft Basics to Advanced Levels plus iPad**

**21COM027: Convert LPs & Audio to CD TERM 2**

**Type: 1Term**

**Dates: 20/04/2021 - 25/06/2021**

**Frequency: Weekly Course, Tue 11:00am - 12:30pm**

**Location: U3A Office opp Council Offices 1 Civic Square Croydon**

**Tutor: Geoff Kidd**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES. Use your existing computer skills as a tool to produce audio CDs from tapes and records. Prerequisites: Must be familiar with Windows Explorer, drag/drop, cut/paste and have knowledge of folders and directory structure, plus have a turntable that will connect to your computer. IMPORTANT: YOU WILL NEED TO CONTACT CLASS LEADER prior to enrolling in this class. Phone No. 0418 107 184. Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

**21COM028: Convert LPs & Audio to CD Term 4**

**Type: None**

**Dates: 05/10/2021 - 30/11/2021**

**Frequency: Weekly Course, Tue 11:00am - 12:30pm**

**Location: U3A Office opp Council Offices 1 Civic Square Croydon**

**Tutor: Geoff Kidd**

NOTE: \$20 COMPUTER FEE TO BE PAID BY CASH OR CHEQUE BEFORE COURSE COMMENCES. Use your existing computer skills as a tool to produce audio CDs from tapes and records. Prerequisites: Must be familiar with Windows Explorer, drag/drop, cut/paste and have knowledge of folders and directory structure, plus have a turntable that will connect to your computer. IMPORTANT: YOU WILL NEED TO CONTACT CLASS LEADER prior to enrolling in this class. Phone No. 0418 107 184. Everyone who enrolls will be placed on a Wait List until they are assessed by Computer Course Co-ordinator as to their suitability for the course.

**21COM073: Computers-Windows 10 (Online)**

**Type: 1 Term**

**Dates: 05/02/2021 - 26/03/2021**

**Frequency: Weekly Course, Fri 10:00am - 11:30am**

**Location: Online**

**Tutor: Joy Bellinger**

Are you confused by how to use Windows 10? This class will show you how to understand and make full use of the Windows 10 operating system and discover its many features and is being conducted online using ZOOM. You must have a good understanding of how to use Zoom prior to enrolling in this class. Notes will be emailed to the participants after they have attended each class. ONLY those who attend the session will receive the emailed notes. IMPORTANT: YOU MUST CONTACT TREVOR ON 9729 9308 PRIOR TO ENROLLING.

**21COM203: Computer Tips (ONLINE)**

**Type: Short Course**

**Dates: 03/03/2021 - 31/03/2021**

**Frequency: Weekly Course, Wed 10:00am - 11:30am**

**Location: Online**

**Tutor: Joy Bellinger**

This Course is being conducted online via ZOOM. You must have an understanding of how to use Zoom prior to enrolling in this class. These tips the pupils may not be aware of them but will find useful, in making it easier using their computers. Some notes will be given but pupils will be given time to get additional information & ask questions. This Course includes Sticky notes; Inserting Emoji; Downloading videos from websites; Folder colourization; Caps Lock Indicator; How to use Microsoft Office apps for free; Highlighting the Mouse Pointer; Inserting File Path in a document and convert a PDF file to an editable document. There is a lot more but too numerous to mention. Enquiries Trevor or Joy 9729 9308

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**21COM208: ZOOM- (February)- ONLINE****Type: Short Course****Dates: 03/02/2021 - 17/02/2021****Frequency: Weekly Course, Wed 10:00am - 11:30am****Location: Online****Tutor: Joy Bellinger**

ZOOM is a cloud-based video conferencing service you can use to communicate with others - either by video or audio-only or both, all while conducting live chats - and it lets you record those sessions to view later. Not only can it be used for online courses, but also great for connecting with family members & friends. It is similar to Skype but more versatile. Learn how to use this app before doing any of our Online Courses. **PREREQUISITES:** The pupil will require some experience on the computer? **REQUIREMENTS:** Enrolees will need a computer preferably a laptop computer as this usually has an inbuilt webcam & microphone. However, you can use a desktop and converse by typing in on the Chat line, although a webcam & microphone can be added to a desktop. Notes will only be emailed to you if you attend the session. For enquiries or assistance to enrol ring Trevor or Joy on 9729 9308.

**21COM300: Basic Video Editing Course - (ONLINE)****Type: Ongoing****Dates: 03/02/2021 - 31/03/2021****Frequency: Weekly Course, Wed 2:00pm - 3:00pm****Location: Online****Tutor: Richard Hallford**

A Basic Video Editing course, using the free Da Vinci Resolve editing application. The Course will cover application layouts, panel descriptions and usage, Shortcut keys and techniques. We will be editing a video, gradually increasing our skill sets and building on previous ones. Attendees will need to be familiar with their Operating System and Devices in order that we can focus on the editing process. As the course progresses, we will move to an Intermediate course later in the year. If you have old footage that you wish to edit, tell a story, make short vids, or compile a video made from photographs, this course will cover all those aspects. Please note that I will be using a Windows based machine, but the controls for Apple are very similar as Resolve is written for both OS. Resolve will need to be installed prior to course commencement on Wed 3rd Feb 2021. Potential attendees may contact me prior on 0423 943 957.

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## **Craft-Beading, Card Making, Furniture Restoration, Patchwork, Leadlighting**

**21CRA005: Beading & Chainmaille****Type: Ongoing****Dates: 05/02/2021 - 03/12/2021****Frequency: Weekly Course, Fri 10:00am - 12:00noon****Location: Next to Croydon Market Carpark 33 Kent Ave Croydon****Tutor: Helen Stok**

We are a small, social, friendly group working together to learn new skills in seedbeading and chainmaille with an experienced tutor. We share ideas and skills as we make our jewellery pieces. Basic supplies are provided by the students - beading mat, needles, scissors, thread, pliers. These items can be organised by the tutor. Kits are available to purchase to make the taught skills/weaves. For further information you can contact the Tutor Helen on 9723 1887.

**21CRA010: Card Making - AM****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 9:15am - 11:30am****Location: Keystone Hall 9 Civic Square Croydon****Tutor: Christine Hawkins**

We make Greeting cards using a variety of techniques & materials. Help is given to new members & we all share ideas. We supply our own materials, tools, papers, cardstock & cutting mat. Waiting list is available & members can join throughout the year if there's a vacancy. Class will run if over 30 degrees.

**21CRA012: Card Making - PM****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 1:30pm - 4:00pm****Location: Keystone Hall 9 Civic Square Croydon****Tutor: Christine Hawkins**

General card making using a variety of techniques & materials. Help is given to new members & we all share ideas. We supply our own materials, tools, papers, cardstock & cutting mat. Waiting list is available & members can join throughout the year if there's a vacancy. Class will run if over 30 degrees.

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**21CRA015: Designer Cards****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 9:30am - 11:30am****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth Tutor: Lesley Downey**

A friendly group of fun loving Card Makers. We welcome and help new members, but we all help each other, sharing ideas, skills and techniques. Prerequisite - Love of Card Making. We supply most of own materials - Tool Box, Cutting Mat, Paper Trimmer, Card stock etc but we do have some class equipment for you to use. A waiting list is available if the class is full. Members can join throughout the year if there is a vacancy. The class will run if the temperature is over 30 degrees.

**21CRA020: Creative Craft****Type: Ongoing****Dates: 01/02/2021 - 02/12/2021****Frequency: Weekly Course, Mon 9:00am - 11:15am****Location: Keystone Hall 9 Civic Square Croydon****Tutor: Trish Davis**

NOTE: This course will be run online using ZOOM until further notice. Everything old is new again. Fun ways to use and experiment with different crafts, exploring knitting, beading, crochet, ribbon crafts, embroidery stitches just to name a few. Prerequisites: An interest in crafts both traditional & modern and a willingness to try new ideas. This is a group where members share ideas and supply most of their own materials. A waiting list is available. Members can join throughout the year if there is a vacancy. The course will run if the temperature is over 30 degrees.

**21CRA026: Furniture Restoration-(Online)****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 9:00am - 11:30am****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON  
Riquelme****Tutor: Nelson**

Bring your old wooden treasures along for evaluation to see if they can be lovingly restored. This generally means dismantling it, sanding it back to its natural state, reassembling the piece and staining or French polishing the finished object. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees. Prerequisites: None

**21CRA030: Leadlighting****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 9:00am - 12:00noon****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON Tutor: Loretta Rees**

Instruction is given in lead lighting and copper foiling. You will have the opportunity to learn how to create sun catchers, lampshades, door side lights etc. COPPERFOILING involves cutting glass accurately using a pattern, then wrapping the edges of each piece of glass in your project with a copper foil tape. The pieces are then joined by soldering them together on both front and back which creates a metal framework that holds the glass pieces together. LEADLIGHTING (commonly used to make windows & larger panels) involves cutting glass accurately to match a pattern and then the pieces of glass are joined together using lead came. These pieces of lead are then soldered together and the panel is finished with cement or putty. The following website provides a good insight into the process:

<https://hubpages.com/art/leadlighting-Tutorial-Lesson-1-Glass-Cutting-For-Stained-Glass-Leadlights>. Students must be prepared to buy their own tools. Tools include a glass cutter, running pliers, grozing pliers & a soldering iron. These will set you back about \$100-200 new. Most members go on to buy a glass grinder (\$200-300). The consumables are glass (a 30cmx30cm piece costs \$20-40), solder, lead came, flux and copper foil. A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The class will run if temperature is over 30 degrees.

Fairly good eyesight & steady hand is needed to cut glass.

**21CRA033: Patchwork - Friday****Type: Ongoing****Dates: 05/02/2021 - 03/12/2021****Frequency: Weekly Course, Fri 10:00am - 12:00noon****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON  
Harman****Tutor: Marie**

All aspects of Patchworking are covered. No machines are available but information on use is. Lovely helpful class - great women and you will be amazed at what you can hand sew. Start with basics: cutting, stitching, basting, quilting, naive applique or needle turn applique, then progress to your own project. A wait list is available if class is full. Members can join throughout the year if there is a vacancy. The course will run if temperature is over 30 degrees. Newcomers to ring - Marie Ph.9720 7919 re their requirements.

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**21CRA035: Patchwork - Tuesday****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 10:00am - 12:00noon****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON Tutor: Jude Crute**

All levels of ability including beginners welcome. Work on your own project in a friendly atmosphere. Help is available to learn new techniques. Members supply fabric, threads patterns etc to work on their own project. Prerequisites: None

**21CRA039: Scrapbooking****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 11:45am - 2:45pm****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth Tutor: Trish Davis**

Fun group of girls making lovely memory albums. Grand children, family, heritage, lovely memories to look back on.

**21CRA042: Craft - Unfinished Objects****Type: Ongoing****Dates: 03/02/2021 - 03/12/2021****Frequency: Weekly Course, Wed 10:40am - 12:30pm****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth Tutor: Lyn McMahon**

Join us for some fun. Meet with friends and relax as you work. We Quilt, Knit, Embroider, do Card Making, mosaics and more. BYO materials. We have a wealth of experience among our crafty members if you need any help. Start something new or bring an unfinished object. We look forward to meeting you.

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**Dancing-Scottish, Line & Ballroom****21DAN005: Ballroom Dancing****Type: Ongoing****Dates: 19/04/2021 - 03/12/2021****Frequency: Weekly Course, Mon 1:15pm - 3:00pm****Location: Rear Springfield Swim Pool Springfield St Croydon****Tutor: Catherine Saisi**

Learn to dance the Waltz, Foxtrot, Quickstep and more along with some New Vogue and Latin American dancing. The afternoon is filled with instruction and social dancing. Please wear appropriate supportive footwear. Class will not take place if temperature is over 30 degrees.

Tutor will not take new members until the beginning of Term.

**21DAN012: Dot's Line Dancing****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 12:00noon - 1:30pm****Location: Cheong Park Cnr.Eastfield/Bayswater Rd Croydon Sth****Tutor: Elly Raaymakers**

Line dancing is a very pleasant form of exercise to music, it is done in a line and does not require a partner. Although classed as a social activity, it exercises both mind & body as the mind has to be active in telling the feet what to do. It is a lovely friendly group, no pressure, just enjoy. In one class session we do 20 or more dances from the vast range of dances we have learnt over the 19 years we have been dancing at Croydon U3A. No new enrolments after start of Term 3 unless prior Line Dancing experience. Sturdy footwear (no thongs, slip ons or bare feet). Prerequisites: Beginners only before 12:30pm. No wait list available. Members can join throughout the year if there is a vacancy. The class will not run if temperature is over 30 degree.

**21DAN015: Dot's Line Dance/Beginners- FRIDAY****Type: Ongoing****Dates: 23/04/2021 - 03/12/2021****Frequency: Weekly Course, Fri 9:30am - 11:00am****Location: Between Lusher Rd/Civic Sq Birdwood Rd Croydon****Tutor: Kay Jones**

THIS COURSE WILL COMMENCE TERM 2 AND IS ONLY AVAILABLE TO THOSE MEMBERS WHO HAVE ATTENDED DOT'S LINE DANCING FOR BEGINNERS/MONDAY. THIS CLASS IS SPECIFICALLY RUN AS EXTRA TUITION AS NEEDED FOR BEGINNERS WHO FEEL THEY REQUIRE ADDITIONAL ASSISTANCE. Prerequisite - Must have attended Dot's Line Dancing/Beginners - Monday The class will not run if temperature is over 30 degree.

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**21DAN020: Dot's Line Dancing - Improvers/Easy****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 12:30pm - 1:30pm****Location: Cheong Park Cnr.Eastfield/Bayswater Rd Croydon Sth****Tutor: Kay Jones**

Prerequisites: Speak to Tutor re previous experience before enrolling. No waiting list available. Members can join throughout the year if there is a vacancy. No new enrolments after the start of Term 3 unless prior knowledge of Line Dancing. Sturdy footwear (no thongs, slip ons, or bare feet). The class will not run if temperature is over 30 degree.

**21DAN025: Scottish Country Dancing****Type: Ongoing****Dates: 23/04/2021 - 03/12/2021****Frequency: Weekly Course, Fri 1:00pm - 2:30pm****Location: Rear Springfield Swim Pool Springfield St Croydon****Tutor: Ron Lucas**

A fun class in traditional Scottish Ballroom Dancing, a form much admired around the world. Led by dancers of long experience, this is an easy introduction to an international pursuit. There are hundreds of dancers in Victoria alone.

Prerequisite: An ability to follow instructions rather quickly. Soft shoes on which advice will be given - ballet pumps will do. A wait list is available if class is full. The class will not run if temperature is over 30 degrees.

Try Scottish Country Dancing for fitness of body and mind with fun and friendship. Good mobility required.

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**Exercise-Walking, Cycling, Swimming, Yoga, Tai Chi etc****21EXE005: Bushwalking Saturday****Type: Ongoing****Dates: 06/02/2021 - 03/12/2021****Frequency: Fortnightly, Sat 9:00am - 4:00pm****Location: Outside Venue****Tutor: Trudi Doblin**

Depending on the post- pandemic conditions the Team Leaders plan to offer a wide variety of 6 to 12 km, easy to medium grade, morning or day walks in our beautiful environment on the 1st and 3rd Saturday of each month. Each walk will be checked out before it is offered and the program will be available via email every month/term. Participants are responsible for their own fitness, safety and well-being and also provide their own equipment such as waterproof shoes/boots with a good profile sole, a small backpack for water, provisions, mat, hat, rain gear, first aid kit, petrol money. Using poles takes pressure off the joints and is recommended, also Ambulance Cover. We meet in the car park of the Croydon Station near the Kent Ave round-about for carpooling and a 9 am start, otherwise members will be advised of the meeting place with Melway reference and start time for the walk, and will have to organise their own transport. Members can join throughout the year if there is a vacancy.

**21EXE006: Explore with me****Type: Ongoing****Dates: 16/02/2021 - 03/12/2021****Frequency: Monthly, Tue 9:00am - 4:00pm****Location: Outside Venue****Tutor: Geoff Steventon**

Full day bushwalking guided by instruction from reputable sources. Car pooling from Fred Geale Oval, Norton Rd. walks selected will be of moderate difficulty and will generally be at least 10 km. Note: Course: 2nd Friday of each month (including School Holidays) No walking on total fire ban days. Also subject to inclement weather forecast e.g. strong winds.

**21EXE008: Croquet for Beginners****Type: Short Course****Dates: 06/02/2021 - 13/03/2021****Frequency: Random dates as specified, Sat 1:00pm – 3:00pm****Location: Ringwood Croquet****Tutor: Sue Martin**

If you have always wanted to play croquet now is your chance! The Ringwood Croquet Club are offering a 6 week beginners course to learn the game. The Club will supply the tutor, equipment and encouragement. Singles encouraged, enjoy the fellowship. A few things to do before you start to play - . Wear flat sole shoes . Bring a hat and a water bottle. . If the temperature is above 30c the class will start one hour earlier You will be contacted. . Each week there is a \$6.00 fee payable for the upkeep of the green and surrounds. Keep in mind that the \$30.00 fee goes to the Club to meet the club's costs. Tutors are volunteers. If I can help please call me Janet (Club Secretary) 0439 784 573.



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**21EXE010: Cycling - Fortnightly****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Fortnightly, Tue 9:00am - 12:00noon****Location: Outside Venue****Tutor: Rob Elliott**

Rides will be fortnightly commencing Tuesday 3/2/21. Cycling mostly on bike paths, mainly through the Eastern suburbs, sometimes on quiet suburban streets. Easy rides of usually 20km to 50km. Cycling to areas via bike trails. (Weather permitting). TERM 1 START 9 a.m. TERM 2,3,4 START 9.30 a.m. Prerequisites: Roadworthy bicycle including a spare tube in case of puncture, mobile phone. Moderate level of fitness.

**21EXE011: Cycling - Fortnightly****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Fortnightly, Thu 9:00am - 12:00noon****Location: Outside Venue****Tutor: Chris Simpson**

Rides usually 35 to 45 kms on 2nd and 4th Thursdays alternating Tuesday rides (18EXE010). Find details of rides in the Newsletters (list will be emailed to participants). Starting 9.30 (9.00 Term 1), usually 4 hours duration, including morning tea. Prerequisites, a suitable fitness level and a roadworthy bike. Longer, faster rides on alternate Thursdays for more capable riders, internally advertised.

**21EXE015: Feldenkrais (ONLINE)****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 2:30pm - 3:30pm****Location: Online****Tutor: Donna Deland**

Feldenkrais Awareness Through Movement (ATM) gentle movement based on lessons enabling you to shed old movement habits and replace them with greater ease and efficiency. Done slowly and without strain with close attention paid to sensations involved. Many lessons done lying on floor so ability to get up and down essential (chair can be used to help). Suitable for beginners and experienced Feldenkrais students. Thick Mat required. Prerequisites: Nil

**21EXE017: Gentle Exercise****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 12:45pm - 1:45pm****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth****Tutor: Elaine Lai**

This course encourages members to have fun, to become active and learn to actually enjoy exercise in a relaxed and supportive environment. The leader will demonstrate all routines and provide assistance when required. Members will be encouraged to work at their own pace and not to push too fast too soon. The main objective is for all members to improve overall fitness, increase energy and vitality, build strength and confidence and build new friendships. The course will also aim to improve flexibility, balance, stretching, tone muscles and develop a holistic approach to health encompassing mind, body and soul. Each class will include gently body movements, stretching exercises, balancing exercises and some minor forms of weightlifting. There will also be a 5-10 minute relaxation. Prerequisites: A pair of suitable weights (eg 1/2 kg, 1kg or 1 1/2kg ... dependent upon individual fitness. Theraband - a resistant elastic band used for light strength training. Water Bottle.

**21EXE020: Learn to Swim - Term 1****Type: None****Dates: 27/01/2021 - 31/03/2021****Frequency: Weekly Course, Wed 11:00am - 11:30am****Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon****Tutor: Ann Longridge**

This Learn-to-Swim course, for the more experienced swimmer, is held at the Aquahub, Croydon, on Wednesday mornings, from 11 a.m to 11.30 a.m (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, bank transfer or cheque. Prerequisites: Goggles and a drink bottle (caps if necessary).

### **21EXE021: Learn to Swim - Term 1**

**Type: None**

**Dates: 27/01/2021 - 31/03/2021**

**Frequency: Weekly Course, Wed 11:30am - 12:00noon**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

This Learn-to-Swim course, for new starters, is held at the Aquahub, Croydon, on Wednesday mornings, from 11.30 a.m. to 12 noon (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, bank transfer or cheque. Prerequisites: Goggles and a drink bottle (caps if necessary)

### **21EXE022: Learn to Swim - Term 2**

**Type: None**

**Dates: 21/04/2021 - 25/06/2021**

**Frequency: Weekly Course, Wed 11:00am - 11:30am**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

This Learn-to-Swim Course, for the more experienced swimmer, is held at the Aquahub, Croydon, on Wednesday mornings, from 11 a.m. to 11.30 a.m. (max 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3a Croydon website or, in person, at the U3A Office. Prerequisites: Goggles and a drink bottle (caps if necessary)

### **21EXE023: Learn to Swim - Term 2**

**Type: None**

**Dates: 21/04/2021 - 25/06/2021**

**Frequency: Weekly Course, Wed 11:30am - 12:00noon**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

This Learn-to-Swim course, for new starters, is held at the Aquahub, Croydon, on Wednesday mornings, from 11.30 to 12 noon (max 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, in person, at the U3A Office. Prerequisites: Goggles and a drink bottle (caps if necessary)

### **21EXE024: Learn to Swim - Term 3**

**Type: None**

**Dates: 14/07/2021 - 17/09/2021**

**Frequency: Weekly Course, Wed 11:00am - 11:30am**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

This Learn-to-Swim course, for the more experienced swimmer, is held at the Aquahub, Croydon, on Wednesday mornings, from 11 a.m. to 11.30 a.m. (max 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, in person, at the U3a Office. Prerequisites: Goggles and a drink bottle (caps if necessary).

### **21EXE025: Learn to Swim - Term 3**

**Type: None**

**Dates: 12/07/2021 - 17/09/2021**

**Frequency: Weekly Course, Mon 11:30am - 12:00noon**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

This Learn-to-Swim course, for the more experienced swimmer, is held at the Aquahub, Croydon, on Wednesday mornings, from 11 a.m. to 11.30 a.m. (max 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, in person, at the U3a Office. Prerequisites: Goggles and a drink bottle (caps if necessary).

## **21EXE026: Learn to Swim - Term 4**

**Type: None**

**Dates: 06/10/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 11:00am - 11:30am**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

PLEASE NOTE THERE WILL BE NO CLASSES ON OCTOBER 31 AND NOVEMBER 28. Learn-to-Swim Course, 11 a.m. – 11.30 a.m. (the more experienced swimmer) This Learn-to-Swim course, for the more experienced swimmer, is held at the Aquahub, Croydon, on Wednesday mornings, from 11 a.m. to 11.30 a.m. (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of pool space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, in person, at the U3A Office. Pre-requisites: Goggles and a drink bottle (caps if necessary).

## **21EXE027: Learn to Swim - Term 4**

**Type: None**

**Dates: 06/10/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 11:30am - 12:00noon**

**Location: Croydon Aquahub Opposite Birdw Opp Birdwood Rd Croydon**

**Tutor: Ann Longridge**

PLEASE NOTE THERE ARE NO CLASSES ON OCTOBER 31 AND NOVEMBER 28. Learn-to-Swim Course, 11.30 a.m. – 12 noon (newer starters) This Learn-to-Swim course, for newer starters, is held at the Aquahub, Croydon, on Wednesday mornings, from 11.30 a.m. to 12 noon (maximum 5 participants). The cost is based on the number of course participants divided into the weekly hire cost of pool space in the Warm Water pool (multiplied by the number of weeks). Participants are required to pay for the course in advance. Enrolments and payments will be accepted online via the U3A Croydon website or, in person, at the U3A Office. Pre-requisites: Goggles and a drink bottle (caps if necessary).

## **21EXE031: Walking Football**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 10:00am - 12:00noon**

**Location: Cheong Park Cnr.Eastfield/Bayswater Rd Croydon Sth**

**Tutor: Geoff Steventon**

“Walking Football. Join in the fun and get some exercise at the same time. It’s indoor soccer but at walking pace with modified rules to make it better suited for seniors. Wear comfortable clothing and sports shoes, no black soles please. If you have any questions please call Geoff on 0411 245 633”

## **21EXE032: Walking Cricket**

**Type: Ongoing**

**Dates: 02/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Tue 1:30pm - 2:30pm**

**Location: Adjacent to Hope City Church Unit 7, 37-51 Lusher Road Croydon**

**Tutor: Helen Missingham**

Walking Cricket is a great game for seniors. You may have played cricket before or never touched a cricket bat, but anyone can play provided you have reasonable mobility. It's at a walking pace, with modified rules and a light weight bat. If you want to get some exercise and have some fun in a team game, then this is for you. Weekly sessions will be held at Saxons Sports Centre in Lusher Road in Croydon. Wear comfortable clothing and sports shoes. For more information call Ingrid on 0409 543 644.

## **21EXE033: Self Defence and Lifestyle Skills**

**Type: Yearly**

**Dates: 03/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 1:00pm - 2:30pm**

**Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON**

**Tutor: Mike Quin**

Defensive principles and self defence tactics for lifestyle improvement and peace of mind. This course covers self defence principles and lifestyle strategies to assist the participant to lead a full and active life. The course is facilitated by Mike Quin, a well known martial artist and a supplier of many similar courses. The course highlights minimal movement with maximum effect. Topics include - reacting to perceived threat, minimising harm from encounters, profiling of attackers and health exercises that improve movement and strength. The course caters to all age groups and fitness levels and each lesson builds upon previous lessons while still catering for those who miss the odd session.

Please wear loose, comfortable clothing and rubber soled shoes. If you have questions or want more information, call Mike Quin on 0419 327 672. No previous experience required.

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**21EXE035: Seated Aerobics + Weights (optional)** **Type: Ongoing**

**Dates: 02/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Tue 10:30am - 11:45am**

**Location: Between Lusher Rd/Civic Sq Birdwood Rd Croydon**

**Tutor: Joan Edwards**

All exercises are done to music and whilst seated on a chair, the aim being to improve fitness without putting pressure on the joints. Everyone works within their own range of movement and at their own pace. This course will not be run if the forecast temperature is going to be 30 degrees or above. The aerobics session ends at about 11:20. Some members then stay to do the weights exercise which usually ends about 11:45. We use light weights, and once again it is all done to music while seated.

**21EXE040: Table Tennis - Monday**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 9:45am - 11:45am**

**Location: Between Lusher Rd/Civic Sq Birdwood Rd Croydon**

**Tutor: Anthony Nazareth**

MONDAY TABLE TENNIS IS FOR EXPERIENCED PLAYERS ONLY. Play doubles, mixed mens & ladies. We will play if the temperature is over 30 degrees. Must wear laced up sports shoes with a tread. The correct shoes must be worn each week.

**21EXE041: Table Tennis - Beginners**

**Type: Ongoing**

**Dates: 03/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 10:00am - 11:30am**

**Location: Between Lusher Rd/Civic Sq Birdwood Rd Croydon**

**Tutor: Trevor Bellinger**

If you've never played table tennis before, or have played a little, you are welcome to join this Beginners group. The emphasis is on having fun and improving your skills. Please wear laced up shoes with a tread. Those beginners who are interested in gaining a little bit of basic coaching will be able to do so.

**21EXE042: Table Tennis - Thursday**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 10:00am - 12:00noon**

**Location: Between Lusher Rd/Civic Sq Birdwood Rd Croydon**

**Tutor: Adrian Van Rooyen**

Beginners & Experienced players welcome. Doubles & Singles. Prerequisites - Laced up sports shoe with a tread must be worn each week.

**21EXE044: Introduction to Qigong - Term1**

**Type: 1 Term**

**Dates: 02/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Tue 9:15am - 10:00am**

**Location: Outside Location**

**Tutor: Jennie Hollis**

Qigong is similar to Tai Chi but easier to learn. It involves slow movements, gently exercising the whole body with deep breathing. Qigong improves balance, co-ordination and concentration while inducing relaxation. The Qigong exercises are done in a standing position. This class will be held in the park near the U3A office and is for term 1 only.

PREREQUISITES No experience necessary. REQUIREMENTS Please wear comfortable clothing and footwear. Bring water and seat if you think you may need a rest.

THERE IS RESTRICTIONS ON HOW MANY TAI CHI CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE045: Tai Chi - Advanced 1**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 10:15am - 11:15am**

**Location: Outside Location**

**Tutor: Jennie Hollis**

For Term 1 this class will be held in the park near the U3A office. We will practice qigong and the Tai chi forms, Sun and Beijing 24. REQUIREMENTS Please bring a drink and a seat if you feel you may need to sit down.

This class is for members who have attended Intermediate or Advanced Tai Chi classes at U3A in past years. THERE IS RESTRICTIONS ON HOW MANY TAI CHI CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

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**21EXE048: Tai Chi - Intermediate**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 9:00am - 10:00am**

**Location: Outside Location**

**Tutor: Roger Fiddian**

The class begins with Qigong exercises including Shibashi 1 & 2. There will be time to practice Sun Style Tai Chi as well as learning Beijing 24. Some of the benefits of Tai Chi and Qigong include improved balance, flexibility, coordination and relaxation. For more information, phone Roger on 0419 534 465

Prerequisite - Participants must have done Beginners Sun Style Tai Chi. THERE IS RESTRICTIONS ON HOW MANY TAI CHI CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE050: Tai Chi/Meditation - Beginners Friday**

**Type: Ongoing**

**Dates: 05/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Fri 9:30am - 10:30am**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Toni Marshall**

Open to those who are willing to laugh. This is a slow moving class and a chair may be used as an aid if required.

Prerequisites - Bring water bottle. The course will not run if temperature is over 30 degrees.

THERE IS RESTRICTIONS ON HOW MANY TAI CHI CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE057: Tai Chi - Advanced 2**

**Type: Ongoing**

**Dates: 02/02/2021 - 30/03/2021**

**Frequency: Weekly Course, Tue 10:15am - 11:15am**

**Location: Outside Location**

**Tutor: Jennie Hollis**

For Term 1 this class will be held in the park near the U3A office. We will practice qigong and the Tai chi forms, Sun and Beijing 24.

PREREQUISITES This class is for members who have attended Intermediate or Advanced Tai Chi classes at U3A in past years. REQUIREMENTS Please bring a drink and a seat if you feel you may need to sit down.

**21EXE070: Yoga - Monday AM**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 9:30am - 10:45am**

**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth Tutor: Ansje Loveridge**

Gentle stretches & postures, relaxation & breathing practices. Pre-requisites: Yoga mat, light blanket & small cushion or folded towel. A Waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The class will run if temperature is over 30 degrees.

THERE IS RESTRICTIONS ON HOW MANY YOGA CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE072: Yoga - Monday PM**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 2:00pm - 3:15pm**

**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth**

**Tutor: Elaine Lai**

This course will include relaxation, gentle exercises and postures to promote health and well-being. Please bring a yoga mat and towel.

THERE IS RESTRICTIONS ON HOW MANY YOGA CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE077: Yoga - Wednesday**

**Type: Ongoing**

**Dates: 03/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Wed 9:30am - 10:30am**

**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth**

**Tutor: Pam Banfield**

Exercises and postures designed to promote physical and spiritual well being. Prerequisites: A yoga mat

THERE IS RESTRICTIONS ON HOW MANY YOGA CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

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**21EXE078: Yoga - Thursday** **Type: Ongoing**  
**Dates: 04/02/2021 - 31/03/2021** **Frequency: Weekly Course, Thu 9:30am - 10:30am**  
**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth** **Tutor: Dee Morice**

Thursday Yoga is a gentle class, will include chair yoga, using props to aid stretching etc. A relaxation will complete the hour. Bring mat, small cushion. Beginners are welcome, class includes breathing and relaxation exercises. We use props to enable stretching and balance. Yoga helps posture, body strength and well being.

Wear loose clothing THERE IS RESTRICTIONS ON HOW MANY YOGA CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

**21EXE083: Yoga - Intermediate Friday** **Type: Ongoing**  
**Dates: 05/02/2021 - 03/12/2021** **Frequency: Weekly Course, Fri 11:15am - 12:15pm**  
**Location: Rear of Croydon Library Civic Square near Council Offices Croydon** **Tutor: Marian Wakefield**

The benefits of Yoga for our health and wellbeing are well documented. We focus on breathing, stretching, postures, balancing and include 10 min. relaxation and meditation. Yoga Intermediate builds on prior experience. Please wear comfortable clothing and bring a Yoga mat, blanket and waterbottle.

This course builds on previous experience with yoga practices. We include breathing techniques, stretching, posture and yoga poses. THERE IS RESTRICTIONS ON HOW MANY YOGA CLASSES YOU CAN ATTEND DUE TO THEIR POPULARITY. PLEASE ENQUIRE TO OFFICE.

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## Games-Chess, card & board games, Mahjong , Crosswords

**21GAM004: Bridge for Beginners-Supervised Play** **Type: Ongoing**  
**Dates: 02/03/2021 - 03/12/2021** **Frequency: Weekly Course, Tue 10:30am - 12:00noon**  
**Location: Yarra Valley Bridge Club 6 Laurence Grove Ringwood East** **Tutor: Geoff Johnson**

NOTE:COURSE STARTING MARCH 2nd, 2021. Supervised play is available on Tuesdays for those who would like to experience more or advance their social game. Location address: The Yarra Bridge Club, 6 Laurence Grove, Ringwood East. 3135 notebook and pen. There is a \$5.00 fee each week - YV Bridge Club. Please call Geoff Johnson on 0414334133 for more information if required.

**21GAM005: Bridge for Beginners-Intro to the Game** **Type: Ongoing**  
**Dates: 03/03/2021 - 03/12/2021** **Frequency: Weekly Course, Wed 10:30am - 12:15pm**  
**Location: Yarra Valley Bridge Club 6 Laurence Grove Ringwood East** **Tutor: Geoff Johnson**

NOTE:COURSE STARTING MARCH 3rd, 2021. This course will continue to build on skills already learned. How to play, bid and how to select a Bridge partner. New members may join at any time. The first hour will be devoted to tuition and the second to 'play'. Location address: The Yarra Valley Bridge Club, 6 Laurence Grove, Ringwood East. 3135. Bring a notebook and pen. There is a \$5.00 fee each week - payable to YVBC.

**21GAM011: Hand & Foot Canasta** **Type: Ongoing**  
**Dates: 03/02/2021 - 03/12/2021** **Frequency: Weekly Course, Wed 12:45pm - 4:00pm**  
**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth** **Tutor: Rae Bartlett**

Canasta hand & foot is a card game. You are dealt 13 cards for your hand & 13 cards for your foot. We play with 8 packs of cards and each game lasts approx 1 hour. Prerequisites: To have some previous knowledge of playing Canasta.

Must be able to play Canasta

**21GAM015: Chess** **Type: Ongoing**  
**Dates: 04/02/2021 - 03/12/2021** **Frequency: Weekly Course, Thu 9:30am - 1:00pm**  
**Location: Next to Croydon Market Carpark 33 Kent Ave Croydon** **Tutor: Tom Kenney**

Playing chess and solving chess problems. Prerequisites: To have some knowledge of the game.

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**21GAM022: Cryptic Crosswords****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 9:30am - 11:00am****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Emerton****Tutor: Yvonne**

Learn the secrets to unlocking cryptic clues. We work together on the same crossword, discussing each answer in detail. Informal, fun and interactive.

This class is being run by email until access to venue.

**21GAM025: Mahjong****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 1:00pm - 3:00pm****Location: Next to Croydon Market Carpark 33 Kent Ave Croydon****Tutor: Lola Fogarty**

An ability to build a basic hand in ONE suit only (ie: Characters, Bamboos or Circles) of pongs/kong's which may include honour tiles and a chow. THIS IS NOT A BEGINNERS CLASS. COMPUTER MAHJONG IS NOT BASIC MAHJONG. BEFORE ENROLLING IN THIS CLASS PLEASE CONTACT THE TUTOR - A waiting list is available if class is full. Members can join throughout the year if there is a vacancy. The course will not run if temperature is over 30 degrees. Prerequisites: Ability to play ordinary Mahjong (Not Computer Mahjong)

**21GAM027: Mahjong - Social****Type: Ongoing****Dates: 03/02/2021 - 03/12/2021****Frequency: Weekly Course, Wed 10:40am - 12:15pm****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth****Tutor: Evelyn Faloona**

Play the ancient Chinese game of Mahjong that involves skill, strategy and a certain degree of luck. Playing with others using tactile pieces (or tiles) is much more fun than playing the game on the computer. Join our friendly group with the emphasis on fun and friendship. MUST KNOW HOW TO PLAY.

**21GAM028: Rummikub****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Weekly Course, Thu 1:00pm - 3:00pm****Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth****Tutor: Isobel Valotto**

A table game played with numbered tiles. Not serious. Fun & friendship. Prerequisites: None

**21GAM033: 500 Card Game****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Weekly Course, Thu 1:30pm - 3:30pm****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon****Tutor: Helen Wilson**

500 card game is a very enjoyable way of interacting with others who also play. We mainly play as a 4 however, if numbers are down it can be played with 3 and a dummy hand. Experienced players very welcome. Prerequisites: To have played 500 before. Recent experience is not essential.

We will not play if temperature reaches 33 or over

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**History-Australian & Genealogy****21HIS005: Australian History****Type: Ongoing****Dates: 05/02/2021 - 03/12/2021****Frequency: Weekly Course, Fri 10:00am - 11:30am****Location: Keystone Hall 9 Civic Square Croydon****Tutor: Stephen Lucas**

Australian History-Australia wide and in this large Country. We talk about Australia and mostly have input from our members. Outside speakers are invited to address the class. We encourage members to give a short talk about their favourite topic. No subject is too trivial. Prerequisites: None

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**21HIS020: Explore Melbourne****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Monthly, Tue 8:30am - 4:30pm****Location: Outside Venue****Tutor: Gwen Owen**

Public transport outings for active people to places of interest in and around Melbourne. Outings are monthly March to October. Full details of destination, train and tram times will be advertised in the Croydon U3A newsletter. Our preferred day is Tuesday. Please read criteria carefully. Name badges must be worn. CRITERIA - BEFORE ENROLLING AND TAKING PART IN THE ACTIVITY GROUP 'EXPLORE MELBOURNE', YOU NEED TO BE AWARE THAT MOST OUTINGS INVOLVE NEGOTIATING SOME OR ALL OF THE FOLLOWING: TRAINS, TRAMS, BUSES, ESCALATORS, STAIRS, STEPS AND UNEVEN GROUND. IT IS ESSENTIAL THAT THOSE CHOOSING TO PARTICIPATE IN THESE ACTIVITIES ARE INDEPENDENTLY MOBILE. NO CARER ASSISTANCE IS PROVIDED. OUTINGS MAY INVOLVE WALKING OVER 5 KLMS.

**21HIS024: Genealogy/Family History****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Fortnightly, Thu 10:30am - 12:00noon****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Hilary Thomas**

You will learn how to access the records of your Ancestors from the many on-line records, and also from the Libraries and Archives. An understanding and use of DNA will be taught, to enable you to find matches and learn about the movements of your family members. Classes with the Tutor will be held on the 1st and 3rd Thursday of the month. Initially, until we can meet together classes will be held on Zoom. As the Venues are opened, it is hoped for attendance at the local Public Library and some visits to the State libraries and other Repositories. It is preferable for beginners to begin at the start of Term 1. Class members need a laptop or tablet for class, with the ability to run a Family Tree Program installed on a home computer or Laptop. Information will be discussed in class. A Notebook and Pen would also be useful. The class share their knowledge of discoveries and stumbling blocks. Time for questions and answers is allowed.

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## **Humanities-Book Clubs, Cinema, Digital Camera, Speechcraft, Current Affairs, Dining etc**

**21HUM002: Tim's Spiritual Journey Group****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Weekly Course, Thu 10:30am - 12:00noon****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON Tutor: Jan Burnett**

An open minded discussion group looking at the many areas that suggest a realm of the spirit. Is there a deeper meaning to our existence? We will look beyond church dogma and share ideas. Please bring a notebook and pen.

**21HUM003: Book Chat - Keystone 2nd Monday****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Monthly, Mon 11:00am - 12:00noon****Location: Outside Venue****Tutor: Sue Martin**

Do you like reading? People in our group love it. Join us, tell us about what you have been reading. Listen to what others have enjoyed. With our group you give and you get in return. Come, be surprised and get lots of ideas to feed your love of reading. Book Chat meets 2nd Monday of the month VENUE - PRIVATE HOME IN RINGWOOD EAST (adhering to current DHHS restrictions, bring waterbottle) PLEASE RING SUE MARTIN 0411 380 688 FOR DETAILS. Wait list is available if class is full. Members can join throughout the year if there is a vacancy. This class will operate during term breaks.

**21HUM005: Book Club-Turn the Page - 4th Monday****Type: Ongoing****Dates: 22/02/2021 - 03/12/2021****Frequency: Monthly, Mon 11:00am - 12:00noon****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Pat Cavanagh**

THERE WILL BE NO BOOK CLUB FEE FOR 2021 Do you-tend to read the same kind of books? Do you-enjoy reading, but find it is a solitary activity? Join our book club. The library selects books for us and you may discover different writers, different styles, and different topics. Share your responses with the group as we discuss books we love and books we love to hate at our monthly meetings. NOTE: 4th MONDAY MONTHLY Pre-requisites: None. Waiting list is available if class is full. Members can join throughout the year if there is a vacancy.



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**21HUM009: Book Club-St Georges - 1st Wed.**

**Type: Ongoing**

**Dates: 03/02/2021 - 03/12/2021**

**Frequency: Monthly, Wed 1:00pm - 2:00pm**

**Location: Outside Venue**

**Tutor: Beth Dooley**

THERE WILL BE NO BOOK CLUB FEE FOR 2021 Be introduced to a wide range of books selected by the library. Even if we might not have chosen a particular book ourselves, our conversations are always stimulating, lively and revealing, providing lots of enjoyment, with all members participating in guiding our enjoyable discussions. Members to share leading the discussions. 1st WEDNESDAY MONTHLY Prerequisites: None.

**21HUM018: Current Affairs**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 11:30am - 1:00pm**

**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth Tutor: Bruce Cormack**

Participate in lively discussion and debate on a wide range of international and local events and issues in a friendly atmosphere. Different perspectives and views will be analysed and encouraged. Members are welcomed to enrol during the year. Yes, members will be wait listed if enrolments exceed 24. Course will run if the temperature exceeds 30 degrees venue air-conditioned

**21HUM021: Digital Camera-Basic-Term 1**

**Type: 1 Term**

**Dates: 03/02/2021 - 31/03/2021**

**Frequency: Weekly Course, Wed 1:30pm - 3:00pm**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Brian McCarron**

'Know your Camera' An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement. Prerequisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT IS ADVISED TO ENROL NOW FOR NEXT TERM.

Must be a minimum 4 members enrolled for the class to go ahead

**21HUM022: Digital Camera-Basic-Term 2**

**Type: 1 Term**

**Dates: 21/04/2021 - 25/06/2021**

**Frequency: Weekly Course, Wed 1:30pm - 3:00pm**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Brian McCarron**

'Know your Camera' An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement. Prerequisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT IS ADVISED TO ENROL NOW FOR NEXT TERM.

Must be a minimum 4 members enrolled for the class to go ahead

**21HUM023: Digital Camera-Basic-Term 3**

**Type: 1 Term**

**Dates: 14/07/2021 - 17/09/2021**

**Frequency: Weekly Course, Wed 1:30pm - 3:00pm**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Brian McCarron**

'Know your Camera' An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement. Prerequisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT IS ADVISED TO ENROL NOW FOR NEXT TERM.

Must be a minimum 4 members enrolled for the class to go ahead

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**21HUM024: Digital Camera-Basic-Term 4****Type: 1 Term****Dates: 06/10/2021 - 03/12/2021****Frequency: Weekly Course, Wed 1:30pm - 3:00pm****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Brian McCarron**

'Know your Camera' An introduction to the digital camera, covering menus, modes, ISO, exposure compensation, composition etc. If you have any queries regarding the course, contact the Leader on 9726 6950 during the week before term commencement. Prerequisites: No prior knowledge required. This class is for beginners. Bring charged camera & camera manual. There will be a small fee for photocopying. THIS IS A ONE-TERM COURSE, REPEATED EACH TERM. NOTE: AS THIS COURSE FOLLOWS A STRUCTURED FORMAT, NO NEW ENTRANTS WILL BE ACCEPTED AFTER THE COMMENCEMENT OF THE TERM. ANYONE ON THE WAIT-LIST FOLLOWING COMMENCEMENT IS ADVISED TO ENROL NOW FOR NEXT TERM.

Must be a minimum 4 members enrolled for the class to go ahead

**21HUM038: Dinner Date****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Monthly, Tue 6:00pm - 9:30pm****Location: Outside Venue****Tutor: Merv Amos**

Location: Outside Venue dinners are held on either a Tuesday, Wednesday or Thursday of each month at local restaurants. Members will be advised of the venue in preceding weeks via the Newsletter and a reminder email will be sent 2 weeks prior. PLEASE PHONE OR EMAIL MERV AMOS TO MAKE A BOOKING. IF LEAVING A MESSAGE, PLEASE GIVE YOUR RETURN PHONE NUMBER and assume that you are registered. You will only receive a return call if there is a problem. Bookings close 2 days before the event. Due to Covid restrictions our event may be limited with numbers. You will be notified at each invite letter of any changes.

Requirement - must be independently mobile

**21HUM045: Spiritual Awakening****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 11:00am - 12:30pm****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Maria Kurdian**

When we undergo a spiritual awakening we literally 'wake up' to life. We begin to question our old beliefs, habits, and social conditioning and see that there is much more to life than what we have been taught. Our spiritual awakening opens the door to the realization that science and technology are closely connected with spirituality, and that psychic phenomenon and afterlife exist, sense that one's life matters and that is worth living. Bring notebook, pen and an open mind.

**21HUM047: Bible Prophecy****Type: None****Dates: 02/03/2021 - 03/12/2021****Frequency: Weekly Course, Tue 1:00pm - 3:00pm****Location: Outside Location****Tutor: Paul Ambrose**

A huge topic and all fascinating! An overview of Biblical prophecy and the 66 books which make up the Bible. We can tackle the subjects the majority want or I can choose. Audience participation welcome. VENUE: PRIVATE HOME IN MOOROOLBARK. PLEASE RING PAUL AMBROSE 0488 509 744 for details.

**21HUM050: Shakespeare - Macbeth****Type: None****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 12:30pm - 2:00pm****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON Tutor: Peter Uren**

A study of selected works from the historical, romantic, comic and tragedies of William Shakespeare. It is anticipated we read, analyse and discuss one play per term, interspersed with viewing a DVD of the relevant play, if possible. It will be necessary to purchase a copy of the relevant play, details will be given closer to the class. The class will meet every Monday from 12.30 to 2pm. Come to a vivid, breath taking and sometimes frightening time as we are transported down the corridors of time to the bewitching, enchanting and always adventurous world of William Shakespeare. Macduff, Banquo and myself look forward to meeting you at the witches' cauldron as we commence our first play reading – Macbeth. We will meet outside the Athletics room to read in the park. Please bring your own deck chair, water bottle; wearing a face mask is required. It is advised class members read the play before the first class. Social distancing will be organised. In the event of wet weather an indoor venue will be organised.

### **21HUM052: Shakespeare - Richard III**

**Type: Yearly**

**Dates: 05/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Fri 12:30pm - 2:00pm**

**Location: Rear of Croydon Library Civic Square near Council Offices Croydon**

**Tutor: Peter Uren**

As we emerge from our Melbourne COVID 19 winter of discontent let us fling our sorrows deep in the bosom of the Glen Frost room to embrace King Richard III and espy what malevolent, cunning and diabolical plans his unrequited ambitions aspire to. As we read, study and engross ourselves in this magnificent historical play, may we be transported back to a superstitious, bewitching, treacherous but always enthralling time. Friday 5th February at 12.30pm finds us meeting in the Tower of London on a weekly basis. Richard, myself and a host of historical luminaries look forward to your presence.

### **21HUM058: Literature**

**Type: 2 Terms**

**Dates: 05/02/2021 - 18/06/2021**

**Frequency: Fortnightly, Fri 1:00pm - 2:30pm**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon**

**Tutor: Paul Martin**

\*Our fortnightly Literature course offers the chance to read and think about the historical and cultural contexts in which both texts and readers find themselves while enjoying good writing. \*It will critically discuss what you as a reader bring to our texts and will encourage you to re-think about how you read as well as what you read. \*It will consider how literary criticism and various "other" readings will help your own response to the reading of literary texts. \*The course, which will select texts from Britain, Russia and Australia this semester, will give you the chance to gain a sense of other people, places and cultures and consider the ways, texts represent the complexity of human experience (acknowl. VCAA) YOU WILL NEED TO PURCHASE: 1. "Regeneration" by Pat Barker (Popular Penguins) 2. "The Lady With Lapdog and other Stories" by Anton Chekhov (Penguin Classics). 3. "Carpentaria" by Alexis Wright. The course will also consider a selection of poetry. Contact Paul 0422 389 221 for further details.

### **21HUM062: Meditation - Guided**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 11:00am - 12:30pm**

**Location: Cheong Park Back Building Cnr.Eastfield/Bayswater Rd Croydon Sth**

**Tutor: Maria Kurdian**

Meditation is about learning to calm your mind and relax your body. It is a progressive process that requires regular attendance to be able to synchronise your mind, body and soul. Today these benefits are acknowledged and incorporated on a day to day basis in hospitals (to increase the process of healing), in schools (benefiting concentration and behaviour) and in various business and fitness centres to encourage relaxation and clarity of thought. Join us and learn through relaxation and symbology to experience meditation and harness the benefits of the positive changes that will occur in your life. FOR MORE DETAILS CALL MARIA 9762 2189

### **21HUM072: Philosophy of Law: Jurisprudence**

**Type: 2 Terms**

**Dates: 03/02/2021 - 16/06/2021**

**Frequency: Fortnightly, Wed 11:45am - 1:15pm**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon**

**Tutor: Paul Martin**

Since we last met in Philosophy, a host of things have challenged us as individuals and a society. While this semester's unit will look at how Philosophy's interest in theories of knowledge, Ethics and Metaphysics apply to our daily lives, the unit will especially examine how far the law is useful and relevant to help us clarify and deal with our understanding of what has been going on around us. Jurisprudence is the study of the philosophy of law. While not a study of the law itself, the subject explores matters like . Whether the law should be based on morals. . How much attention should we give to what the law ought to be. . Are our law makers helping us to live good lives. . Can we do better than just aim for the greatest level of happiness to the greatest number of persons in society. In dealing with Ethics, theories of knowledge and political philosophy. This fortnightly unit involves us looking at the thinking of some of the great philosophers from Plato through to Rawls and that in the 20th century. It is sure to challenge you to think about how well we organise and serve ourselves through law. For further details phone Paul Martin 0422 389 221

### **21HUM073: Play Reading**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 9:30am - 12:00noon**

**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon**

**Tutor: Karyn Pacchiana**

A small group of people interested & happy to be reading a part in a variety of plays to enjoy some talented, historic play writers. NO EXPERIENCE NECESSARY. NOTE: THERE WILL BE NO CLASS ON THE 4TH MONDAY OF EACH MONTH.

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**21HUM079: Potted Poets****Type: Ongoing****Dates: 03/02/2021 - 03/12/2021****Frequency: Weekly Course, Wed 10:00am - 12:00noon****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON****Tutor: Kevin Mulvogue**

We read and discuss poems from many times and places, including recent international and Australian writing. Our title suggests sampling for enjoyment and knowledge, rather than mastery. We are not a writing group. \$1.00 per session fee to cover expenses. No prerequisites.

**21HUM082: Speechcraft - Tuesday****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 2:00pm - 3:30pm****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON****Tutor: Frank Brown**

The purpose of Speechcraft classes is to help people to enjoy improving their speaking skills in a friendly and undemanding environment. Learn how to speak confidently and comfortably within a small/medium size group. We socialise after classes, and have lunches during the holiday break. Our motto is 'Speechcraft is Fun' So lose your nerve. A waiting list will be kept. VISITORS ARE VERY WELCOME.

**21HUM083: Speechcraft - Friday****Type: Ongoing****Dates: 05/02/2021 - 03/12/2021****Frequency: Weekly Course, Fri 2:00pm - 3:30pm****Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON****Tutor: Frank Brown**

The purpose of Speechcraft classes is to help people to enjoy improving their speaking skills in a friendly and undemanding environment. Learn how to speak confidently and comfortably within a small/medium size group. We socialise after classes, and have lunches during the holiday break. Our motto is 'Speechcraft is Fun' So lose your nerve. A waiting list will be kept. VISITORS ARE VERY WELCOME.

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## Language- French, German & Italian. Various levels

**21LAN010: French Level 2****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 1:30pm - 3:00pm****Location: Kilsyth Sth Baptist-Portable 3 382-388 Liverpool Road Kilsyth****Tutor: Janine Ochsenbein**

This course is for students who have completed level 1+ of French or who have learnt some French elsewhere. French level 2 text: Edito level A2 text + cahier.

Students please contact Tutor on 9723 8542

**21LAN016: French Level 3****Type: Ongoing****Dates: 04/02/2021 - 03/12/2021****Frequency: Weekly Course, Thu 9:30am - 11:30am****Location: Kilsyth Sth Baptist-Portable 3 382-388 Liverpool Road Kilsyth****Tutor: Janine Ochsenbein**

This course is for students who have completed level 2 of French or have year 10 knowledge of French. Text: Edito level B1 text + cahier. New students please contact tutor on 9723 8542.

**21LAN022: Advanced French-ONLINE****Type: Ongoing****Dates: 02/02/2021 - 03/12/2021****Frequency: Weekly Course, Tue 1:00pm - 2:45pm****Location: Online****Tutor: Janine Ochsenbein**

This course is for students who have achieved a year 12 level of French or who have other previous experience. Text: DELF B1 200 exercises Cle International. Supplementary text: Calendrier 2021 Langue et culture francaises. All students please contact tutor on 9723 8542 to discuss course content and textbook(s).

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**21LAN025: French: Higher Level Studies (ONLINE)** **Type: Ongoing**  
**Dates: 04/02/2021 - 03/12/2021** **Frequency: Weekly Course, Thu 5:00pm - 6:30pm**  
**Location: Online** **Tutor: Diana Long**

For people who have studied French for some time and are able to participate in conversational and written French. A solid understanding of verbs and grammar is required. Please contact Diana for further details. Phone number and email address is above.

**21LAN028: French - Elementary** **Type: Ongoing**  
**Dates: 05/02/2021 - 03/12/2021** **Frequency: Weekly Course, Fri 11:30am - 1:00pm**  
**Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon** **Tutor: Ian Birchall**

This is an ongoing language course. If the venue is not suitable due to Covid restrictions or concerns it will be moved online and use Zoom. This is a language course set at a level suitable for keen beginners (A0) and those who may have studied some French previously (A1). We explore the French language and culture using everyday dialogues, articles, audios and videos. Learning a language is challenging, but also, hopefully, a bit of fun. Expect homework and set aside time to practise at home. Please note : While the tutor is not fluent in French, he is proficient enough to be able to offer a good level of French for beginners. If you want more, there are other U3A classes with excellent French teachers available.

Prerequisites: Some previous French learning either at school or in a recent beginner's course would be ideal. Absolute beginners who are keen to learn the language are welcome, but they should join at the start of the year in order to get the benefit of the introductory lessons. Text: A textbook oriented to adult learning is supplemented with online resources, worksheets and audio-visual materials. Computer skills: There are many resources online. You should have internet access and be comfortable using email and following links.

**21LAN029: German Conversation** **Type: Ongoing**  
**Dates: 02/02/2021 - 03/12/2021** **Frequency: Weekly Course, Tue 12:15pm - 1:45pm**  
**Location: Next to Croydon Market Carpark 33 Kent Ave Croydon** **Tutor: Peter Duss**

Practise your German in a friendly group. Prerequisites: Must be able to converse and write in German.

**21LAN035: German - Level 2** **Type: Ongoing**  
**Dates: 01/02/2021 - 03/12/2021** **Frequency: Weekly Course, Mon 9:30am - 11:30am**  
**Location: Kilsyth Sth Baptist-Portable 3 382-388 Liverpool Road Kilsyth** **Tutor: Janine Ochsenbein**

This course is for students who have completed German level 1+ or who have some previous knowledge of German. German level 2 text: Schritte level A2.2. New students please contact tutor on 9723 8542

**21LAN036: German - Level 3** **Type: Ongoing**  
**Dates: 03/02/2021 - 03/12/2021** **Frequency: Weekly Course, Wed 10:00am - 12:00noon**  
**Location: Kilsyth Sth Baptist-Portable 3 382-388 Liverpool Road Kilsyth** **Tutor: Janine Ochsenbein**

This course is for students who have completed German level 2 or who have a year 10 knowledge of German. Text book to be announced. New students please contact tutor on 9723 8542.

**21LAN045: Italian Basic Conversation** **Type: Ongoing**  
**Dates: 01/02/2021 - 03/12/2021** **Frequency: Weekly Course, Mon 11:45am - 1:15pm**  
**Location: Rosella Room 30 Glen Park Road Bayswater North** **Tutor: None**

This class is a continuation of the 2019 class and will be UNTUTORED for Term 1, 2020. There will be no new enrolments in Term 1. A Tutor will be appointed at the start of Term 2 and new enrolments will be considered then. 18/3/20. As there is no tutor presently for this class, I have added Ingun Tonon as the tutor so that we can include her as a Tutor for any bulk mail outs. This was Ingun's suggestion. Can be altered at start of Term 2. TB

## Music-Choir & Guitar & Ukulele

### **21MUS007: Musicology**

**Type: Ongoing**

**Dates: 04/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Thu 2:00pm - 4:00pm**

**Location: Croydon West Guide Hall Enter Cnr.Clegg & Ainslie Park Ave CROYDON**

**Tutor: Peter McErlain**

Acoustic popular music playing groups with a focus on reading and playing music, and fun. Suitable for many acoustic instruments including guitar, bass, ukulele, banjo, mandolin, violin, tin whistle, recorder, mouth organ and flute. Other instruments are possible, singing too. Popular music is the focus but others possible such as classical and blues, will be guided by the group. Maximum group size: 20 All written materials will be provided. For more information contact Peter McErlain at [petermcerlain@gmail.com](mailto:petermcerlain@gmail.com)

### **21MUS012: Beginners Uke Guitar Continuing**

**Type: Ongoing**

**Dates: 05/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Fri 10:45am - 12:15pm**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Frank Brown**

A class designed to give Absolute Beginners and those who have limited experience of the ukulele the skills needed to be self sufficient and join the Monday or Wednesday music groups. Learn tuning your instrument, chords, rhythm and singing for fun. Materials needed. Ukulele, exercise book, pen/pencil and a ukulele tuner. A music stand is nice to have but not essential. A small charge is made for photocopying of music. NO NEW STUDENTS IN TERM 2. Call Course Tutor on 9726 8058 for details.

### **21MUS015: Beginners Guitar and Ukulele**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 1:30pm - 3:00pm**

**Location: Kilsyth Sth Baptist-Portable 1 382-388 Liverpool Road Kilsyth**

**Tutor: Frank Brown**

THIS CLASS IS FOR ABSOLUTE BEGINNERS. A class designed to give Absolute Beginners and those who have limited experience of the ukulele the skills needed to be self sufficient and join the Monday or Wednesday music groups. Learn tuning your instrument, chords, rhythm and singing for fun. Materials needed. Ukulele, exercise book, pen/pencil and a ukulele tuner. A music stand is nice to have but not essential. A small charge is made for photocopying of music. NO NEW STUDENTS IN TERM 2. Call Course Tutor on 9726 8058 for details.

### **21MUS016: Croydon U3A Singers**

**Type: Ongoing**

**Dates: 19/04/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 1:30pm - 3:00pm**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Mary Fraser**

This is a non-auditioned choir for people who enjoy singing together for pleasure, with a repertoire mainly of well-known songs. Bring a black folder with plastic sleeves for music. Small charge each term for photocopying. No pre-requisites. Occasional performances e.g at nursing homes these excursions are optional.

### **21MUS020: Guitar & Ukulele**

**Type: Ongoing**

**Dates: 01/02/2021 - 03/12/2021**

**Frequency: Weekly Course, Mon 9:30am - 11:30am**

**Location: Rear Springfield Swim Pool Springfield St Croydon**

**Tutor: Colin McLaren**

This course does not provide tuition for beginners or inexperienced guitar and ukulele players and initially, this course will only be available to members who have completed this course in 2020. New members, who will need to be reasonably competent musicians, are, however, most welcome to enrol but will be placed on a "Wait List" until such time as a vacancy occurs, and acceptance will be chronologically based on the date and time of enrolment. New members will also need to purchase 9 years of song sheets costing \$40.00. Come along and enjoy yourself while learning to play and sing as a group. A one-off fee of \$20.00 (or pro rata) is payable to cover morning tea and music for the ensuing year. In addition to players of guitar and ukulele, players of other compatible acoustic instruments (e.g. harp, banjo, mandolin, fiddle) are welcome to participate with the approval of the Tutor. DO NOT PURCHASE AN INSTRUMENT UNTIL YOUR ENROLMENT HAS BEEN CONFIRMED AND YOU HAVE SPOKEN WITH A TUTOR. PLEASE NOTE TERM 4 WILL FINISH LATER ON MONDAY 13TH DECEMBER.

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**21MUS030: Music Appreciation****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Weekly Course, Mon 12:30pm - 2:45pm****Location: Enter via Norton Rd opp TAFE Athletics Room Civic Square Croydon Tutor: Greg Nicholas**

This course follows the traditional Music Appreciation approach, which is based on classical European music, but expands the scope to include other musical forms: folk and popular music, jazz, and music from other cultures. Most of class time is spent listening to music, and discussing its elements, form instrumentation, performers and composers. Our sources of music include CDs, DVDs and internet downloads. Periodically we use quality video lectures to explain aspects of musical theory, acoustics, instrumentation and social factors. When possible, excursions to selected music venues will be arranged. Class members are encouraged to bring along, and introduce, recordings of their own favourites.

**21MUS035: Musical Jam (ONLINE)****Type: Ongoing****Dates: 03/02/2021 - 03/12/2021****Frequency: Weekly Course, Wed 9:30am - 10:30am****Location: Online****Tutor: John Manderson**

The Musical Jam class is for people who like playing an instrument and singing popular songs in a group. Members of the class are expected to have basic proficiency in playing a suitable musical instrument. Acoustic guitars and ukuleles are the preferred instruments but other instruments are welcome. Electronic instruments may be used provided that their sound level is kept consistent with the acoustic instruments. Songs will be chosen from various genres and will mainly be popular songs from the latter half of the twentieth century and up to the present time. Members of the class will have the opportunity to select new songs, do solo performances and to lead the singing as well as participating in group items. Music will be provided but members will need to bring a music stand. A small additional charge will be made to cover photocopying and morning tea. During Covid-19 restrictions, classes will be held on Wednesday mornings from 9:30am to 10:30am.

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**Science-Astronomy & Gardening****21SCI010: Gardening- (Online) via ZOOM****Type: Ongoing****Dates: 16/02/2021 - 03/12/2021****Frequency: Monthly, Tue 10:30am - 12:00noon****Location: Outside Location****Tutor: Lorri Hayes**

THE GARDEN ADVENTURE FOR 2021 This group meets on the last Tuesday of the month and next year being 2021, we will be adventuring and visiting various garden establishments to widen our knowledge, and get ideas and information to inspire you to create your own dream gardens (even if you have a small garden). Some of the subjects to be covered in 2021 will be: Heat Tolerant Plants, all about the different soils and how to treat them, planting your vegetable patch, lawn maintenance, and attracting birds, bees and the beneficial insects to your gardens. A GOOD LEVEL OF MOBILITY IS REQUIRED BY PARTICIPANTS. Some classes will require members to bring gardening gloves, but you will be given notice as to when to bring them. SHOES WITH NON-SLIP SOLES MUST BE WORN There will be small costs incurred with our visits to the venues, but it will be well worth your investment. PLEASE CONTACT - TUTOR LORRI ON 0401 858 067 FOR MORE DETAILS.

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**Course For No Course****21ZZZ002: Course For No Course****Type: Ongoing****Dates: 01/02/2021 - 03/12/2021****Frequency: Monthly, Mon 9:00am - 10:30am****Location: None****Tutor: Geoff Kidd**

This course is a default course for those members who are joining the U3a and are not enrolling in a course. If the default course is not entered an invoice will not be generated. MEMBERS, THIS IS NOT A COURSE. DO NOT USE. OFFICE USE ONLY. Any queries, please contact the office.